

HARROGATE DISTRICT HOSPITAL

CARDIO-RESPIRATORY UNIT

TELEPHONE NO. – (01423) 553323

**PLEASE READ THE INFORMATION BELOW
CAREFULLY**

TILT TABLE TEST

Your consultant has requested a tilt-table test for you.

This will involve you attending the department as an outpatient where we will ask you to lie on a bed while we monitor your heart rate and blood pressure. We will continue to monitor you while the bed is tilted so you are at a head-up angle of 70° for approximately 40 minutes. After this the bed will be returned to the flat position for a further 5 minutes.

At no time will you be tilted with your head down.

Please continue to take all medication as normal.

Please do not eat or drink anything for 4 hours prior to the test.

A friend or relative will need to drive you home after the test. If you do not have transport, you will need to book ambulance transport through your GP. If you are coming by ambulance, please telephone the department as soon as possible.

If you are pregnant, or think you might be, please telephone the department as soon as possible.

Please telephone (01423) 553323 if you cannot attend this appointment so that it can be offered to another patient.