

Instruction for Patients on the use Skinsan and Prontoderm Gel Light Nasal Ointment MRSA Suppression Therapy

Harrogate and District NHS Foundation Trust offers MRSA suppression therapy to patients in the following circumstances:

1. When your MRSA screen prior to hospital admission is positive.
2. When you have not been screened for MRSA prior to your procedure or operation.

MRSA suppression therapy helps to reduce the numbers of MRSA bacteria a person has / or may carry. This reduces the chances of an MRSA infection following a surgical or other hospital procedure.

If you do not wish to have suppression therapy, please discuss this with the MRSA Support Nurse.

If you are screened for MRSA on your admission to hospital and you are discharged before 2 days then please allow 2 working days then ring the MRSA Support Team for the result (01423 555484).

This leaflet aims to assist you to correctly use MRSA suppression therapy.

MRSA suppression therapy is a combination of two separate treatments to be used over a five day period.

Treatment 1

This consists of an antiseptic lotion called Skinsan. The antiseptic lotion is provided for body and hair washing. You should wet the skin before applying the lotion as it may irritate the skin. You will need to bathe, strip wash or shower once daily for five days using the lotion paying particular attention to the armpits and between your legs. The lotion should also be used as a hair shampoo and will need to be used to wash your hair twice during the five day period. Leave the Skinsan on for at least 60 seconds and then rinse off thoroughly and dry with a clean dry towel. If you require assistance to perform this task, this can be arranged.

Treatment 2

This consists of a nasal ointment called Prontoderm Gel Light which should be applied to each nostril just inside your nose. This should be used three times a day for five days.

To assist you with your five day suppression programme please follow the daily diary until completed. If you have any questions please do not hesitate to contact the MRSA Support Nurse on 01423 555484.

Daily diary for suppression therapy

Date	Treatment day	Treatment 1 Skinsan Body Wash To be used once a day	Tick box when applied	Treatment 2 Prontoderm Gel Light To be used 3 times a day	Nasal Ointment Tick box when applied		
					Morning	Afternoon	Evening
	Day 1	Body wash + Hair wash		Apply nasal cream			
	Day 2	Body wash		Apply nasal cream			
	Day 3	Body wash		Apply nasal cream			
	Day 4	Body wash + Hair wash		Apply nasal cream			
	Day 5	Body wash		Apply nasal cream			

If you require this information in another format or language, please ask the nursing staff and they will arrange this for you.

For Trust Staff

MRSA suppression therapy prescribed by;

Signature.....

Name/Designation.....

Date.....

Known Allergies

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