

Harrogate

**The Sir Robert Ogden Macmillan
Centre (SROMC)
Cancer Services Directory**

2017

**Information, Services and
Supportive Care for people
affected by Cancer**

Introduction to the Directory

This Directory has been written to assist anyone affected by cancer. It aims to assist by identifying services established to support patients and families at all stages of their cancer journey. Any assistance to improve future versions is welcome and your comments are appreciated. If you have any comments please contact Sarah Grant at The Sir Robert Ogden Macmillan Centre (SROMC), Harrogate Hospital either by phone 01423 557317 or Email: cancerinformation@hdft.nhs.uk or pass on your suggestions to any health professional involved in your care.

The Sir Robert Ogden Macmillan Centre (SROMC)

The Sir Robert Ogden Macmillan Centre (SROMC) offers information and supportive health and wellbeing services to patients and families affected by a cancer diagnosis. The Centre is located on the site of Harrogate Hospital accessible off Willaston Crescent via Lancaster Park Road. There is a small carpark to the front of the building or the main hospital carpark is situated in front of the general Hospital entrance. There are a limited number of disabled parking spaces and a drop off zone at the entrance of the SROMC. All staff are always happy to assist with any supportive or practical needs you may have and can help find the right services or person to speak to if you have clinical enquiries. We offer a welcoming and relaxing reception area where everyone can enjoy a warm drink or simply sit and read a magazine and listen to the music. Wifi is also available for patients attending for treatment at the unit, just ask a member of staff for access.



Patient Information Service

The Centre has a wide range of easy to understand information resources to help meet your needs. Staff in The Centre will assist you with your information searching and help to put you in touch with those who can support you in the

very best way possible. Resources are free and available to anyone affected by a cancer diagnosis or staff involved with their care.

Information resources in a non-written format and a range of languages are also available.



Macmillan Benefits Advice Service

A Macmillan Welfare and Benefit Adviser is based in the SROMC Monday to Thursday 9am – 4.30pm. This service provides information on benefits and financial support for cancer patients and their carers. Advice is also available for reducing financial outgoings, claiming grants and assistance from a range of other sources of support. Access to the service is by referral from the healthcare professional looking after you, appointments or contact will be arranged to coincide with clinic appointments or treatment to best meet the needs of the individual. A range of booklets to cover financial matters are also available at the centre to pick up anytime free of charge.

To arrange an appointment or for advice Tel: 01423 557318 or

Email: benefitsadvice@hdfn.nhs.uk

Macmillan Clinical Nurse Specialists

Macmillan Clinical Nurse Specialists are registered nurses who have specialist training in a chosen field. They help patients at every stage of their illness to live with and beyond a cancer. Macmillan Clinical Nurse Specialists offer information about illness, investigations and treatment. Support and advice is available for anyone affected by cancer. A 'CNS', (as they are often referred to) will be one of your main contacts, often referred to as your 'Key Worker' following a cancer diagnosis and during your time at the hospital and following on at home. Your CNS may change at different times throughout your cancer treatment depending on the specialist support needed to manage different problems as they arise. They offer advice on managing any symptoms you may have as a result of your illness, offer practical support and liaise with people

involved in your care for example your GP, hospital doctors, District Nurse or Palliative Care Nurse.

Clinical Psychology in Cancer Service

Emotional and psychological support is provided by your specialist cancer nurse, however extra support may be required from our clinical psychology service. Based in the Centre, this service offers psychological and emotional support to patients and families affected by cancer. It is available to anyone who has a diagnosis of cancer (registered with a local GP) and to family members & carers of patients. Talking to our Clinical Psychologist provides an opportunity to “tell it like it is,” without worrying that you are upsetting or burdening someone close to you. Cancer Psychologists are also available to your family members or carers. The service is available all day Monday, Wednesday and Thursday morning, ask for a referral from to be completed by a health professional involved in your care.



Psychosexual Counselling Service

Illness or disability can create changes in intimate relationships or how you feel as a person. This can happen whether the illness is chronic or acute, or a disability develops suddenly or slowly. We have a psychosexual therapist to support the recovery of patients and help with the impact on their intimate relationship. The service is confidential and referral is made by a health care professional involved in your care.



Art Therapy

Art Therapy is available for patients who are also accessing the Clinical Psychology Service at the Sir Robert Ogden Macmillan Centre. It is a form of emotional support that can be helpful for people who are struggling with difficult and challenging situations. For people living with cancer, art therapy offers a way of communicating and exploring confused or difficult thoughts and feelings. Referral to this service is via the Clinical Psychology Team.



Complementary Therapy Service

The Sir Robert Ogden Macmillan Centre offers a comprehensive range of complementary therapies to people affected by cancer. The service is available to patients and carers, free of charge and is provided by a fully qualified professional employed by Harrogate and District Foundation NHS Trust.

Complementary Therapies are used alongside conventional medical treatments such as; surgery, chemotherapy, radiotherapy and hormone treatments. It is important to remember that complementary therapies are not a cure for cancer or used instead of conventional cancer treatment. They may help to relieve some of the physical and emotional problems associated with a cancer diagnosis or the side effects of treatment.

There are a wide range of Complementary Therapies available, all of which offer different ways of helping people. Complementary therapies are suitable for most people, but for some medical conditions complementary therapies should be avoided or changed to suit your personal needs. If you are considering having complementary therapies ask the healthcare professional looking after you to make a referral to the service. Patients may have up to 6 sessions free of charge. This Complementary Therapy service is supported by donations to the SROMC Charitable Fund.

Open weekdays 9.00am – 4.30pm

Telephone 01423 557300 or email: cancerinformation@hdft.nhs.uk



Macmillan Financial Guidance

Financial guidance is available through the Macmillan support line, advisers deal with pensions, savings, investments, insurance, borrowing, banking & mortgages.

Call the Macmillan Support Line Tel: 0808 808 0000

Macmillan Dietitian

A Macmillan dietitian is available within the SROMC to provide advice and support to empower patients to eat well, manage symptoms and help to improve and maintain both nutritional status and quality of life at each stage of their cancer journey.

The Macmillan dietitian can see patients attending for treatment on the clinical unit or in a clinic appointment.

For more information or to be referred to see the dietitian speak to the nurse looking after you.

Hair Loss Support

The Centre offers a range of hair loss support services.

A wig fitting service is provided by the Orthotics department in the SROMC on alternate Wednesday afternoons. Referral to the service is made through your specialist cancer nurse or one of the chemotherapy nurses based in the unit.

You will be given a 'G' Number and an appointment will then be made for you here in the SROMC with a representative from Hair Plus in Leeds, or if you prefer you can take your 'G' number to an alternative wig provider who supplies the NHS range wigs. There is a prescription charge incurred but the remainder of the wig cost is covered by the NHS.

For more information contact the Orthotics department, Tel: 01423 553445



S.A.S.H. (Silks And Scarf Headwear) is available to buy from the Macmillan Patient Information area in the Centre. Here a range of creative headwear for patients affected by hair loss and to suit your taste can be purchased at a competitive rate.



Hairdresser Consultation Service – ‘When Hair Grows Back’

The Centre has access to free Hairdresser consultations for patients who are losing their hair or have hair that is starting to regrow following cancer treatment. Advice is available on scalp care, safe products and styling. Appointments are arranged via the Patient Information and Health and Wellbeing Manager Tel: 01423 55 7317 or Email: cancerinformation@hdft.nhs.uk



‘Feel More Like You’ - Pamper Therapy

‘Feel More Like you’ helps female cancer patients in the most practical and positive way. The SROMC in partnership with Boots, Harrogate and NO’7 hosts skincare and make-up workshops to help combat the visible side-effects of cancer treatment. This in turn, boosts confidence and wellbeing in a wonderfully supportive environment. Each programme consists of 4 sessions each held on the first Tuesday of the month in the Sir Robert Ogden Macmillan Centre. For further information or to book a place, call us or drop-in. Tel: 01423 55 7317 or Email: cancerinformation@hdft.nhs.uk



Hospital Chaplaincy Service

Hospital Chaplains respond to requests for visits within all departments. They offer pastoral and spiritual support to patients, carers and staff as they are concerned about the spiritual welfare of everyone in the hospital. The Chaplains offer; A listening ear, their time, Friendship, Prayer and Sacraments. The hospital Chapel and Prayer Room are on the ground floor just off the hospitals main corridor and are always open. Holy Communion can be taken on the wards at patients’ request. An Ecumenical Christian Service takes place every Sunday morning at 10am in the Hospital chapel.

There is always a Chaplain on call 24 hours 7 days a week and they can be contacted via Switchboard (01423 885959). The chaplaincy can also contact faith representatives if requested. If you or someone you are supporting would like a visit from the one of the Chaplains, you can contact them on the following number Chaplaincy Office via switchboard 01423 885959. The On-call Chaplain is also available on 01423 885959 via Switchboard.

Saint Michael's Hospital and Community Specialist Palliative Care Team

The service specialises in caring for patients living with cancer or with a life threatening illness. They support patients and their family or carers. Their aim is to improve the quality of life by relieving symptoms. These may be physical or emotional, such as pain, nausea and anxiety. They assist with future care arrangements, possibly involving hospice care or nursing homes as appropriate. The palliative care team work alongside other medical professionals supporting you either within the hospital setting or at home.

To contact the team Tel: 01423 553464

The Oncology and Haematology Departments

The hospital provides clinical outpatient services for Oncology & Haematology patients in the SROMC. Oncology & Haematology patients may also be admitted for some treatments onto Oakdale.

Patient Experience

If you have a concern, compliment, complaint or comment about your experience or any part of your care at Harrogate District Hospital, please ask to speak to the manager or complete a feedback form found at the front of the hospital. If you wish to telephone or would like to have a call back, you can call the Patient Experience Team between 9.30am – 4pm Monday to Friday on 01423 555499. An answerphone is available outside of these hours.

If you wish to send an e mail, please use;

thepatientexperienceteam@hdfn.nhs.uk

Or write to the Chief Executive or Chairman. All information is confidential.

Speech and Language Therapy Services (Adult)

If you ever experience any difficulties when you are drinking or eating such as coughing or choking?

TLC (Talking and Listening Club)

This is a patient run support group, offering the chance for male and female patients who have gone through or are going through cancer treatment to meet, talk and share experiences with each other, whatever their cancer type.

If there are topics of particular interest to the group guest speakers can be arranged to talk to the group. The group meets every 3rd Thursday of the Month at 10am -12.30pm, in the Ripley Room at the Sir Robert Ogden Macmillan Centre. Everyone is welcome and refreshments are provided.

TLC



(Talking and Listening Club)

Harrogate Local Support Groups

The following local support groups are available within the hospital for patients, carers and families; contact them for details of forthcoming meetings.

- **Oesophageal Patient Association (OPA)**

Members of the OPA hold an informal drop in session for patients and their carers affected by Oesophageal Cancer, on the 3rd Thursday each month in the Ripley Room in the SROMC between 11.30 am - 1.30 pm. No need to book just come along.

- **Harrogate Lung Cancer Support Group**

Have you been affected by lung cancer? If so you can learn more about the issues that may affect you and chat with others in a similar position. Please come along if you are a lung cancer patient, relative or carer to Harrogate Fire Station, Skipton Road, Harrogate HG1 4LE. For more information contact; Simon Bolton, Macmillan Lung Cancer Nurse Specialist. Tel: 01423 555872 or Email: Simon.bolton@hdft.nhs.uk

- **Golden Girls**

Do you need someone to talk to? Have you been affected by a Gynaecology Cancer? Golden Girls offers support for women by giving them the chance to share experiences and issues with others in a similar situation. For more details contact Marion Webb, Tel: 01423 555 732

- **Mesothelioma Support Yorkshire**

Mesothelioma is a form of cancer which affects the thin membranes, lining the chest (pleural mesothelioma) or the abdomen (peritoneal mesothelioma). It is usually caused by exposure to asbestos. We give practical support and advice to Patients and their Carers on; New Treatments, Relaxation, Complementary Therapies, Breathlessness, Nutrition and Legal Advice. We meet every 6 weeks at the Plaza Hotel, Leeds between 2 – 4pm. The meetings are all free of charge and refreshments are provided. If you would like to know more about the group, or would like to come, but might have difficulty getting to Leeds City Centre, please contact Simon Bolton Tel: 01423 555872 or email: Simon.bolton@hdfn.nhs.uk

- **Prosper Prostate Cancer Support Group**

This is a friendly support group for patients and supporters who meet to chat about experiences and offer reassurance to each other. There are also talks by professionals and organisations on relevant subjects. The group meet monthly between 7 – 9pm at Christchurch Hall, Harrogate. For more details contact Alison Marchant Tel: 01423 55 3318

- **Breast Cancer Care Living with Secondary Breast Cancer**

Contact: 0345 077 1893 OR 0808 800 6000

Time: 11.00am

3rd Wednesday of the month near Harrogate & York

- **The PPR Foundation**

Providing funding for brain tumour research and offering a support service for those affected by a brain tumour.

Contact: The Old Stables, Ripley, North Yorkshire HG3 3AX

Tel: 01423 771957 or Mobile: 07785368814

Email: pam@thepprfoundation.com

www.thepprfoundation.com

Harrogate and Ripon Centres for Voluntary Service (HARCVS)

'Promoting local voluntary action.' This offers information about all aspects of the voluntary services available within the Harrogate and Ripon community. It provides information and support about the voluntary services within the local area, volunteering opportunities and sources of funding for voluntary organisations to access.

Contact: Community House, 46-50 East Parade Harrogate HG1 5RR
Community House, Sharow View Allhallowgate, Ripon HG4 1LE
Tel: 01423 504074
Email: cvs@harcvs.org.uk
www.harcvs.org.uk

Local and National Support Organisations

The following local and national support organisations are available to support patients, carers and families; contact them for details of how they can best help you through.

◆ A

Age UK

Supports older people in a variety of ways from befriending to practical house related tasks. 'Seniorline' helps support the welfare needs of older people.

National Tel: 0808 800 6565 www.ageuk.org.uk

Harrogate Branch Tel: Based at Harrogate Community House 46 - 50 East Parade, Harrogate, HG1 5RR

Contact: Information and Advice Tel: 01423 502253

General Office Tel: 01423 530628

Insurance Tel: 01423 411430

Email: harrogate@ageuknorthyorkshire.org.uk

Opening Times:-

General Enquiries Mon-Fri 10:00am - 1.00pm

Information and Advice Mon-Fri 10.00am - 1.00pm

Insurance Services Mon-Fri 10.00am - 1.00pm

◆ B

The Bladder and Bowel Foundation

A UK wide charity that provides information and support on a range of symptoms and conditions related to the bladder and bowel.

Contact: Tel: 0845 345 0165

www.bladderandbowelfoundation.org

Bowel Cancer UK

Raising UK awareness of bowel cancer, campaigns for better treatment and provides information and support.

Contact: Tel: 0800 840 3540

www.bowelcanceruk.org.uk

Beating Bowel Cancer

Working in partnership with clinical communities, local communities and the government to improve public awareness and early detection of bowel cancer.

Contact: Tel: 08450 719301

Helpline: 020 8973 0011

Email: nurse@beatingbowelcancer.org

www.beatingbowelcancer.org

Breakthrough Breast Cancer

Dedicated to finding the causes of breast cancer, research, improving treatment and services.

Contact: Tel: 08080 100 200

www.breakthrough-org.uk

Breast Cancer Care

The leading provider of free breast cancer information and support across the UK.

Contact: Tel: 0808 800 6000

www.breastcancercare.org.uk

Breast Cancer Haven – Leeds

Offers free of charge therapies that help people to deal with the physical and emotional side-effects of breast cancer. The Haven provides a tailored programme for everyone who comes through the door. They have an outreach programme for people who cannot get into the Haven itself so they can still benefit in their own homes.

Contact: Tel: 0113 284 7829

www.breastcancerhaven.org.uk

British Thyroid Foundation

BTF is there to support anyone with a thyroid disorder, for people interested in finding out more about thyroid disorders as well as parents, families and friends alongside medical professionals.

Contact: Tel: 01423 709 707

Local Contact group: - Leeds (Wharfedale) Tel: 0113 288 6393

Before 8pm. Overactive thyroid, underactive thyroid.

www.btf-thyroid.org

British Lung Foundation

The BLF is the only UK charity for everyone affected by lung disease. They focus on providing support. They fund research and try to bring about positive changes by campaigning to improve treatment, care and support for those affected.

Contact: Tel: 0845 850 5020

www.lunguk.org

Brain Tumour UK

Offer personalised support online, on the phone, by email and through support groups. They fund research to improve the quality of life for patients and identify better treatments. They aim to change things for the better for those affected by a brain tumour.

Contact: Tel: 0845 4500 386

www.braintumouruk.org.uk

Brain Tumour Action

Provide information and support to patients, family & friends. A trained counsellor is available to help and they fund treatment research. BTA provide information on living with a brain tumour and co-ordinate support groups across the UK.

Contact: Tel: 0131 466 3116

www.braintumouraction.org.uk

Brain Tumour Charity

Offers a wide range of services, for everyone affected by a brain tumour, whether it's low or high grade, adult or child. A Support & Info Line offers a confidential way to ask questions or raise concerns about a diagnosis,

treatments, including access to clinical trials, how a brain tumour may affect daily life and how you can support a loved one.

Contact: Helpline Tel: 0808 800 0004
www.thebraintumourcharity.org

◆ C

Carers Resource

Whether you care for a parent, a relative or a child with special needs, the Carers' Resource can give you information, advice and support. This FREE independent and confidential service is designed to give you support, not only to care but to look after your own needs.

Contact: Tel: 01423 500555
www.carersresource.org

Carers UK

A national organisation with local branches offering advice and support. Their website offers comprehensive information and downloadable leaflets.

Contact: Tel: 0808 808 7777
www.carersuk.org

Cancer Counselling Trust

Provides telephone counselling sessions to cancer patients, families and friends. Up to eight sessions permitted, on a weekly basis following an assessment. They have a sliding scale of fees.

Contact: Tel: 0207 704 1137
www.cctrust.org.uk

Changing Faces

A UK charity that supports & represents people who have disfigurement of the face or body from any cause.

Contact: Tel: 0207 391 9270
Support Service Helpline: 0300 012 0275
www.changingfaces.org.uk

Citizens Advice Bureau (CAB)

Provide free, confidential and impartial advice. Our goal is to help everyone find a way forward, whatever problem they face. People come to us with all sorts of issues. You may have money, benefit, housing or employment problems. You may be facing a crisis, or just considering your options.

Contact: Craven and Harrogate Districts (Harrogate) Citizens Advice

Audrey Burton House Queensway, HARROGATE,
North Yorkshire, HG1 5LX
Tel: 03444 111 444 Adviceline
York and North 01423 560840 Messageline
Yorkshireadvice@cravenandharrogatecab.cabnet.org.uk

CLIC Sargent

The UK's Leading children's cancers charity, offering practical and emotional support.

Contact: Tel: 0800 197 0068
www.clicsargent.org.uk

Colostomy Association's

The primary role is to represent the interests of people living with a colostomy. They provide support, reassurance and practical information to anyone who has or is about to have a colostomy. They help raise awareness of what it is like to have a colostomy and to champion issues that affect people and their carers.

Contact: Tel: 0800 325 4257 Helpline
www.coloncancer.org.uk

Cancer Laryngectomee Trust

Offer free help to those who have a laryngectomy due to cancer of the larynx and those who care for them.

Contact: Tel: 01422 205522
www.cancerlt.org.uk

Crossroads

Britain's leading provider of support for carers and the people they care for. They help carers to have a life outside caring. They have a large number of trained professionals that provide flexible services for people of all ages with a range of disabilities and health conditions.

Contact: Tel: 0845 450 0350
www.crossroads.org.uk

Cancer Research UK

Help people cope with the effects of cancer by providing information

and support for patients, families, health professionals and the general public. They are involved in research and influence public policy by campaigning to keep cancer at the top of the health agenda. Cancer Help UK provides good up to date patient information.

Contact: Tel: 0808 800 4040

www.cancerresearchuk.org

www.cancerhelp.org.uk

◆ D

DIAL UK – Disablement Information Action Line

Provide information and advice to disabled people and others on all aspects of living with a disability.

Contact: Tel: 01302 310123

www.dialuk.info

Disabled Living Foundation

Provide information and advice to disabled people and others on all aspects of living with a disability.

Contact: Tel: 0845 1309177

www.dlf.org.uk

◆ G

Gynae C

supports women, partners & carers with a gynaecological cancer. Through confidential telephone helpline, email, letter or website.

Contact: Tel: 01793 491116

www.gynae.co.uk

GayScan

A national helpline to support for Gay people with Cancer, their partners and friends. They run a local support network.

Contact: Tel: 0208 368 9027

◆ I

Ileostomy and Internal Pouch Support Group

A UK registered charity whose aim is to help people who undergo surgery to remove their colon and creation of an ileostomy or an ileo-anal pouch.

Contact: Tel: 0800 018 4727

www.the-ia.org.uk

Impotence Association

Assist people affected by issues relating to impotence.

Contact: Tel: 0870 774 3571
www.impotence.org.uk

◆ J

Jo's Cervical Trust

For women & their families affected by cervical cancer. Provides information, support & friendship to women of all ages, help them understand the importance of screening, providing support if screening shows abnormalities.

Contact: Tel: 0800 802 8000
www.iostrust.org.uk

Just 'B'

Offers and pre and post bereavement support to children, young people and adults who are dealing with issues around terminal illness. It also offers information and advice for professionals working with them.

Services are free of charge and also include, written and verbal information about pre and post bereavement, telephone support, face to face support, Group support,

Counselling and psychology services where appropriate.

Contact: Tel: 01423 856 790
Email: info@justb.org.uk
www.justb.org.uk

◆ K

Kidney Cancer UK

Committed to providing all kidney cancer patients and healthcare professionals with reliable and up-to-date information about kidney cancer and its treatments through the provision of our informative literature and website.

Contact: Tel: 01889 565801
www.kcuk.org

◆ L

The Lymphoma Association

Works to ensure anyone affected by lymphatic cancer has relevant, accurate, timely information & support. They provide accurate medical information & emotional support to patients, families, friends & carers.

Contact: Tel: 0808 800 5000

www.lymphomas.org.uk

Lymphoedema Support Network

Education & support for patients through information & self-help

Contact: Tel: 020 7351 4480 Helpline

www.lymphoedema.org.uk

Leukaemia Care

Exists to provide care and support to those affected by leukaemia, lymphoma, myeloma and the allied blood disorders. Their work extends to families and carers as that of patients.

Contact: Tel: 08088 010 444

www.leukaemia.org.uk

◆ M

MARCS Line

Melanoma and Related Cancers of the Skin

Contact: Tel: 01722 415071

www.wessexcancer.org

Mesothelioma UK

A national resource centre dedicated to providing specialist Mesothelioma information, support & improved care and treatment.

Contact: Tel: 0800 169 2409

www.mesothelioma.uk

Myeloma UK

Offers a broad and innovative range of services cover every aspect of myeloma, from information and support to improving standards of treatment and care through research, education, campaigning and raising awareness.

Contact: Tel: 0800 980 3332

www.myeloma.org.uk

Macmillan Cancer Support

Helps people living with cancer, their families, friends and carers to find a way through the vast amounts of cancer information available. Trained advisers and

volunteers can help identify information that may meet your needs and details of the organisation that can best provide it. They can also put you in touch with a UK cancer self-help or support group.

Contact: Tel: 0808 808 00 00
www.macmillan.org.uk

◆ N

NHS 111

111 is the NHS non-emergency number. It's fast, easy and free. Call 111 when you need medical help fast but it's not a 999 emergency 24hour 365days a year, this is a helpline providing information & advice on all aspects of healthcare.

Contact : Tel: 111

NHS Carers Direct Website provides help with benefits, legal matters & carers rights issues as well as advice & support for keeping healthy and well. Helpline and blog avail.

Contact: Helpline 0808 802 0202
www.nhs.uk/conditions/social-care-and-support-guide/Pages/what-is-social-care.aspx

◆ O

Orchid - Cancers

Support for those affected by testicular and penile cancers.

Contact: Tel: 0207 601 7167
www.orchid-cancer.org.uk

Oesophageal Patients Association

Offer a telephone support line staffed by volunteers & regional patient support groups. Website with information leaflets.

Contact: Tel: 0121 704 9860
www.opa.org.uk

Ovacome

Provides information and support for everyone affected by ovarian cancer. Their website is designed to support women with ovarian cancer, families, friends & professionals.

Contact: Tel: 0845 371 0554 Supportline
www.ovacome.org.uk

◆ P

Prostate Cancer Charity

Involved in research and public & political awareness of the disease. Established to improve care and welfare of those affected.

Contact: Tel: 0800 074 8383 Helpline
www.prostate-cancer.org.uk

Pancreatic Cancer UK Support, information, awareness & research.

Contact: Tel: 0203 177 1686
www.pancreaticcancer.org.uk

◆ R

Roy Castle Lung Cancer Foundation Practical & emotional support for people affected by lung cancer.

Contact: Tel: 0800 358 7200

www.roycastle.org

◆ S

Sarcoma UK

Funds research into causes and treatments. They provide support & information covering all aspects of sarcoma & raising awareness of sarcoma amongst the public, healthcare professionals & policy makers.

Contact: Tel: 020 7250 8271
www.sarcoma-uk.org

Saint Michael's Hospice

A local registered charity caring for people with life threatening illnesses. They offer in-patient care and day-care to people living in their own homes.

Contact: Tel: 01423 879 687
Email: info@saintmichaelsospice.org
www.saintmichaelsospice.org

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