

Why?

If you are worried about your child's physical development please visit one of our 'Drop-In' Sessions.

The sessions are run by a qualified Physiotherapist and a Physiotherapy Assistant. They will be able to talk to you about any concerns you may have about your child's physical development.

What to expect at the session?

The Drop-in clinics are open sessions where other children and parents may be present. They are held in local children centres and there will be access to toys and play equipment.

You may have to wait to be seen, depending on how busy it is.

The physiotherapist will ask you questions about your child's development and will observe/assess your child while they play.



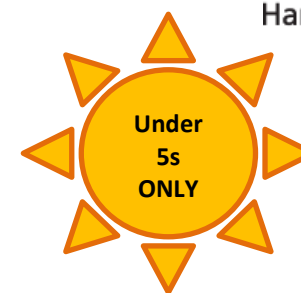
What will happen next?

The Physiotherapist will share ideas with you on how to help your child. If the physiotherapist decides that a more detailed assessment is required, you will be offered an individual appointment with a member of the children's physiotherapy team. There may be a short wait for this. You and your child may be asked to attend 'Drop-In' again to see how they are progressing.

After the session, you will receive a written report which summarises the outcome of your visit. Copies of this will be sent to your child's GP and Health Visitor, with your consent.

Need more information?

If you require further information please call the Children's Physiotherapy Team at the Child Development Centre, Harrogate District Hospital.



Specialist Children's Services

**PHYSIOTHERAPY
DROP-IN
SESSIONS
SPRING 2019**

No appointment necessary, just call in!

**For advice
about your
child's physical
development**



YOU MUST BE REGISTERED WITH A HARROGATE AND RURAL DISTRICT GP TO BE SEEN

Bilton Children's Centre

Woodfield Road, HG1 4HZ

9.30-11.00 am

Wednesday 9th January

Wednesday 6th February

Wednesday 6th March

Wednesday 3rd April

Knaresborough Children's Centre

Manor Rd, Knaresborough, HG5 0BN

9.30-11.00 am

Thursday 17th January

Thursday 14th February

Thursday 14th March

Thursday 11th April

Harrogate West Children's Centre

Saltergate School, Newby Crescent, HG3 2TT

1.30-3.00pm

Wednesday 23rd January

Wednesday 20th February

Wednesday 20th March

Need more information?

If you require further information please call the Children's Physiotherapy Team at the Child Development Centre, Harrogate District Hospital.

Call us: 01423 553023



Email us: cdc.physio@nhs.net

or

Visit the Children's Physiotherapy web-page at www.hdft.nhs.uk



Please note: A MAXIMUM of 8 children can be seen per session. If numbers exceed this on the day, you may be asked to return to the next convenient session.