

For advice
about your
child's
physical
development



PHYSIOTHERAPY DROP-IN SESSIONS AUTUMN 2018



**YOU MUST BE REGISTERED WITH A HARROGATE AND RURAL DISTRICT GP
TO BE SEEN**

Harrogate West Children's Centre

Saltergate School, Newby
Crescent, HG3 2TT

1-2.30pm

- Wednesday 5th September
- Wednesday 3rd October
- Wednesday 7th November
- Wednesday 5th December

Knaresborough Children's Centre

Manor Rd,
Knaresborough, HG5 0BN

9.30-11.00 am

- Thursday 11th October
- Thursday 15th November
- Thursday 13th December

Bilton Children's Centre

Woodfield Road, HG1
4HZ

9.30-11.00am

- Wednesday 26th September
- Wednesday 24th October
- Wednesday 21st November
- Wednesday 19th December

Sessions are conducted by a qualified Physiotherapist and a Physiotherapy Assistant.

'Drop-Ins' are open sessions where other children and families may be present. You may have to wait to be seen, depending on how busy it is.

A MAXIMUM of 8 children can be seen per session. If numbers exceed this on the day, you may be asked to return to the next convenient session.

Contact the Children's Physiotherapy on 01423 553023, Email: cdc.physio@nhs.net or visit www.hdft.nhs.uk for more details