

For advice
about your
child's
physical
development



PHYSIOTHERAPY DROP-IN SESSIONS SPRING 2019



**YOU MUST BE REGISTERED WITH A HARROGATE AND RURAL DISTRICT GP
TO BE SEEN**

Bilton Children's Centre

Woodfield Road, HG1
4HZ

9.30-11.00 am

- Wednesday 9th January
- Wednesday 6th February
- Wednesday 6th March
- Wednesday 3rd April

Knaresborough Children's Centre

Manor Rd,
Knaresborough, HG5 0BN

9.30-11.00 am

- Thursday 17th January
- Thursday 14th February
- Thursday 14th March
- Thursday 11th April

Harrogate West Children's Centre

Saltergate School, Newby
Crescent, HG3 2TT

1.30-3.00pm

- Wednesday 23rd January
- Wednesday 20th February
- Wednesday 20th March

Sessions are conducted by a qualified Physiotherapist and a Physiotherapy Assistant.

'Drop-Ins' are open sessions where other children and families may be present. You may have to wait to be seen, depending on how busy it is.

A MAXIMUM of 8 children can be seen per session. If numbers exceed this on the day, you may be asked to return to the next convenient session.

Contact the Children's Physiotherapy on 01423 553023, Email: cdc.physio@nhs.net or visit www.hdft.nhs.uk for more details