

Confidentiality and electronic information sharing

We respect and maintain patient confidentiality at all times. We only share relevant information between the teams that have a responsibility for a patient's care, such as hospital and hospice staff, GPs and community staff, in order for them to do this in the best possible way. This can be shared electronically, by letter, or verbally. If patients do not wish their information to be shared, they can talk to their nurse.

In exceptional circumstances where either patients or others are at risk of serious harm, we may have an obligation to share information they have asked us not to.

All patients are discussed at a weekly team meeting to ensure the best possible way of managing pain, symptoms or other issues.

Palliative Care Team
Harrogate and District NHS Foundation Trust
21 Wetherby Road
Harrogate HG2 7RY

01423 553464
www.hdft.nhs.uk/services/palliative-care/

This information is available in other formats on request.

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Information for patients and families about The Palliative Care Team

Monday to Friday 08.30 – 17.00 01423 553464

Out of hours / weekends / bank holidays

GP Tel: 111

If known to District Nursing team Tel: 01423 554632

Please tell the operator if you/your relative is receiving palliative care to ensure you get the most timely and appropriate advice

Palliative Care is the care of patients with advanced, progressive, life-limiting illness. The aim is to achieve the best possible quality of life by managing the effects of the disease through good pain and symptom management, as well as practical and emotional support

Who are we and what do we do?

We are a team of nurses and doctors employed by Harrogate and District NHS Foundation Trust. We have specialist knowledge in palliative care and look after patients with life-limiting illnesses such as cancer, heart failure and advanced lung disease.

We visit patients in wards and outpatient departments at Harrogate and District Hospital, in nursing/residential homes and in patients' homes in Harrogate and the surrounding district.

We work closely in conjunction with GPs, consultants and multi-professional teams who have overall responsibility for patient care. We aim to complement the care they are already providing to manage symptoms and to enhance quality of life. We also work closely with Saint Michael's Hospice.

The Team

Dr Viv Barros D'Sa	Consultant in Palliative Medicine
Dr Kath Lambert	Consultant in Palliative Medicine
Charlotte Rock	Macmillan Clinical Nurse Specialist (Team Leader)
Dr Cath Siller	Specialty Doctor Palliative Medicine
Sarah Davie	Macmillan Clinical Nurse Specialist (Education Lead)
Kelly Barnes	Macmillan Clinical Nurse Specialist
Lesley Burnett	Macmillan Clinical Nurse Specialist
Tracey Goldsbrough	Macmillan Clinical Nurse Specialist
Emma Harvey	Macmillan Clinical Nurse Specialist
Clare Hudson	Macmillan Clinical Nurse Specialist
Mel Scott	Macmillan Clinical Nurse Specialist

How can we help?

We offer support by:

- Helping to control pain and other symptoms as soon as possible after they arise
- Helping patients and their families to understand their illness and how it may affect them
- Discussing worries and concerns
- Helping patients, their families and their professional teams plan for the future
- Meeting with other professionals to discuss patients' and families' wishes and needs, to ensure they are considered and met wherever possible
- Offering access to hospice day therapy or the hospice in-patient unit, where appropriate, and to other support services

Contacting us

01423 553464

The team can be contacted Monday to Friday during office hours. However they are not always available to take calls, so please leave a message with our administrator or on our confidential answer-phone and we shall return your call as soon as possible.