



Health Passport



My name is:



If I have to go to hospital or to health appointments this passport needs to go with me, it gives staff important information about me.

All staff that see me should be aware of this passport. Please take the time to read it.

This traffic light assessment belongs to me. Please return it to me when I leave.



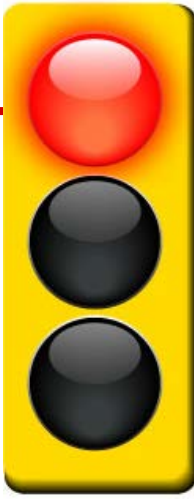
My birthday is:



I live at:



My telephone number is:



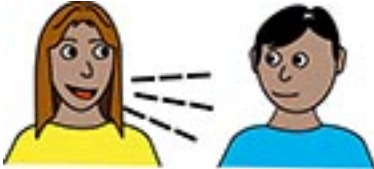
Things that you must know this about me

I am happy for you to talk to my family or carers about me.

The best person to speak to is:

You can contact them on:

Communication



How I communicate with you:

How you should communicate with me:

Pain



How you know I am in pain:

Keeping me safe



How you can help me stay safe:

Medication



How I take my medication?

I take medication for...

Injections



How you can support me with having an injection or blood test:

Observations



How you can support me when taking my blood pressure and temperature:

Allergies

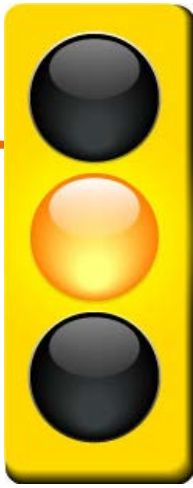


Religion





My religion :



Specific requests:



Things that are important to me

If I have to stay in hospital I would like you tell these people.

| | |
|--|----------------|
|  | Name |
| | Relationship |
|  | Contact Number |

| | |
|--|----------------|
|  | Name |
| | Relationship |
|  | Contact Number |

| | |
|---|--|
| Eating and Drinking | |
|   | |

| | |
|---|--|
| Mobility | |
|  | |

Sleeping



Going to the toilet



Personal care

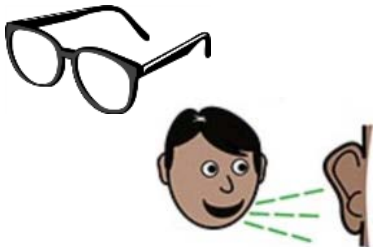


Anxieties



Things that might worry me or scare me:

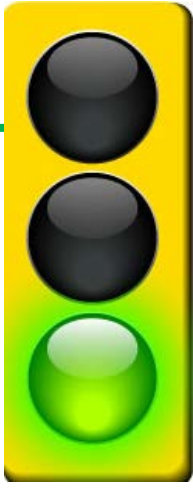
Seeing/ Hearing



Support



Who I need to help me:



Things that I like. Things that I don't like

These are the things that I like.



These are things that I do not like and things that upset me, or make me angry.



Other information that you should know about me.



Completed by:
Me / My Family / My carer

Date:

Adapted from the Gloucestershire Partnership NHS Trust 'Hospital Assessment form'
by Ben Haywood, Acute Liaison Nurse, Harrogate and District NHS foundation Trust