

## **MACMILLAN UROLOGY NURSE SPECIALIST**

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### **Who are the Macmillan Urology Nurse Specialists?**

Our names are Alison Sharpe, Helen Sunderland and Helen Outhwaite.

We are based at Harrogate District Hospital and cover Harrogate and its surrounding areas.

We have experience in cancer nursing and we specialise in the care and support of people with urological disease. This includes cancer of the kidney, bladder, prostate and testis. We work closely with the doctors involved in your care.

### **How can we help you?**

We can give you and your carers...

- An opportunity to talk through the information you have been given.
- Further information about your cancer and your treatment options so that informed choices can be made.
- Information about the support available to you, either physical, emotional, spiritual or social.
- Specialist nursing advice throughout your care.
- A link with other professionals involved in your care, or who may be able to help you.

### **How can you contact us?**

If you are currently attending Harrogate District Hospital, ask the person looking after you to bleep us through the hospital switchboard.

If you are calling from home, ring directly on **01423 553318 or 01423 553317**. If we are not available, please leave a message on the answer phone. We will get back to you as soon as possible, though this may not be the same day. Our normal working hours are 9.00 am – 5.00 pm, Monday to Friday.

### **About Macmillan Cancer Support**

Macmillan Cancer Support works with a wide range of agencies and health professionals to provide better services for patients with cancer and their carers, from the point of diagnosis. It works in partnership with the National Health Service to improve the provision of mainstream healthcare for people with cancer and their families.

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Macmillan Cancer Support funds nurses, doctors and buildings for cancer care. They also provide patient grants to people who have cancer or who are experiencing the effects of cancer and are in financial need.

### **Useful addresses and telephone numbers:**

**Macmillan Cancer Support** provides information and counselling on all aspects of cancer and will send out booklets free of charge. **Tel: 0808 808 00 00 (Monday – Friday, 9am – 8pm)**

**Sir Robert Ogden Macmillan centre (Harrogate)** provides information, support and complementary therapies at Harrogate District Hospital.  
**Tel: 01423 55 7300**

**Sir Robert Ogden Macmillan Cancer Information and Support Centre (Leeds)** provides information, support and complementary therapies at St James Hospital, Leeds.  
**Tel: 0113 206 6498**

**Kidney Cancer UK: 0800 002 9002**

**Prostate Cancer Uk** provides information and a support network.  
**Helpline: 0800 074 8383**

**Harrogate Prostate Cancer Support Group (Prosper)**  
**<http://sites.google.com/site/prosperharrogate>**

**Urostomy Association** provides advice for patients having cystectomy and/or urinary diversion. **Tel: 01386 430140**

**Action on Bladder Cancer:** works with healthcare professionals, patients, carers and the general public to help improve the care of people with bladder cancers.  
**[www.actiononbladdercanceruk.org](http://www.actiononbladdercanceruk.org)**

Leeds St James' University Hospital Bladder Cancer Support Group. Tel: 0113 2064904

**Orchid Appeal:** Orchid exists to save men's lives from testicular, prostate and penile cancers through a range of support services, pioneering research and promoting awareness. Contact: **0808 802 0010**

If you require this information in an alternative language or format (such as Braille, audiotape or large print), please call us on  
01423 553318