



# HDFT Member News



# You're incredible to me

If you're here to collect the laundry  
Making sure our wards are clean  
Scrubbing surfaces multiple times  
You're incredible to me

If you're here for end of life support  
Sharing last moments as patients sleep  
Bringing comfort loved ones can't  
You're incredible to me

If you're here to clean the windows  
Giving the only outdoors they'll see  
Clearing the way to make their day  
You're incredible to me

If you're here on our community team  
For adults safeguarding or 0-19  
Where would we be without you  
You're incredible to me

If you're a doctor or a nurse or AHP  
A surgeon or theatre trainee  
Each time you step through those doors  
You're incredible to me

If you're here to answer the phones  
Guide us all to where we should be  
Making sure we all have what we need  
You're incredible to me

Together we are the greatest  
A family, #teamHDFT  
Each and everyone of you  
You're incredible to me

*By Leah Knight*



# Season's Greetings

HDFT Chairman Angela Schofield looks forward to the festive season and looks back on the hard work and dedication of our colleagues.

Welcome to the latest edition of HDFT Member News. Over the next few pages we will provide you with an update on some of the goings on at HDFT which we feel will be of interest to you.

The last 12 months have been an extraordinary time for the NHS and all at #teamHDFT with the COVID-19 pandemic continuing to test everyone in the health and social care sectors. The development of vaccines to combat COVID-19 has provided light at the end of the tunnel, but we still have a long way to go.

The levels of COVID-19 infections are gradually reducing which is a great relief, however, the NHS continues to be working under considerable pressure as we approach winter, and HDFT is no exception. We have had record attendances in our Emergency Department, hospital admissions are very high, staffing is stretched and waiting lists have grown.

These pressures are not just confined to our hospitals. Our colleagues in Community Services are working incredibly hard to support people at home so that they do not need to come into hospital. In addition, domiciliary and care home organisations have considerable pressures which have impacted on hospital admissions and discharges.

The services the Trust provide for healthy children and families are also seeing increases in demand

and they are having to prioritise their time carefully. Our teams at HDFT and HIF are doing a magnificent job and the Board of Directors and Council of Governors greatly appreciate their caring professionalism.

We are immensely proud of all of our wonderful colleagues and earlier this year we decided to show our appreciation by asking author Leah Knight to write a poem for them which expresses just how incredible and valued they are. You will find it on the opposite page.

Governor elections are almost upon us, and this edition of HDFT Member News has been timed to provide you with information on the candidates to help you make your decision. Our governors play an important role in providing a link to our members and overseeing the effectiveness of the Board of Directors. I would encourage you to support the Trust by voting if your constituency has candidates for election.

I hope that you find the contents of our newsletter interesting and we are keen to receive your comments so that we can ensure that we cover the topics which matter to you, our members.

With very best wishes for Christmas and 2022.

Angela Schofield  
Chairman



# Star light, star bright

You won't just find stars decorating the Christmas tree this festive season, we have thousands working for HDFT.

As we approach the end of a very difficult year, I look back on the devastation that the COVID-19 pandemic has caused and through those dark times I can see light shining brightly. 2020 will be remembered for sadness, but it will also be remembered for great courage, where the human spirit prevailed and we all stood together.

The NHS has been under immense pressure over the last twelve months, dealing with a health crisis unlike anything in living memory, and during this time my colleagues at HDFT have worked tirelessly to ensure we are able to continue providing a high quality healthcare service for our community.

They have faced many testing moments, and had to adapt time and time again to ensure they can help those people that needed us most. We saw the most amazing teamwork, the most incredible compassion, all done in the most challenging of circumstances.

Every single person who works for HDFT and HIF has made an enormous contribution and huge difference in the last year and I would like to thank them for their dedication, hard work and commitment. They really have shone bright and are superstars in their own right.



The response we received from the general public was also very uplifting – from the thousands of gifts the Trust received, to offers of help and hundreds of hours of the time of volunteers. Your support has meant the world to us.

At HDFT we are guided by our values and this year we launched our new KITE behaviours - which you can see below. I believe following these values leads to high quality, safe care for those we look after – whether in their homes, in community settings or in hospital. And that is, of course, what we are all here for.

I would like to thank you for your support through these tough times and wish you all a bright and merry Christmas and a happy new year.

Steve Russell  
Chief Executive



## At #teamHDFT we value:

### kindness

We show **compassion**, and are **understanding** and **appreciative** of other people

### integrity

We display personal and professional **integrity**, are **honest** and bring a **positive** attitude

### teamwork

We are **helpful** to each other, **listen** intently and **communicate** clearly

### equality

We show **respect**, we are **inclusive** and we act **fairly**

# HDFT Governor Elections

Have your say as to who should represent Harrogate and surrounding villages, and Knaresborough and East Districts on our Council of Governors.



# Three is the magic number

Being a Governor is a big responsibility, so what makes someone want to take on the role? HDFT's Lead Governor, Clare Illingworth reveals all.



Becoming a governor for an NHS trust was the furthest thing on my mind when in 2005 I decided to make a life and career changing decision.

At the time, I had been working in the catering industry for 18 years and was running a successful restaurant in North Yorkshire. However, I had started to feel that there was something missing in my life and the more I thought about it, the more I realised that I no longer had the passion to be a restaurateur and I needed to change my career. The ideal opportunity appeared when I saw an advert for the role of sterile services secretary at Harrogate District Hospital and decided to apply for the post.

Over time, I became more interested in the work of the wider Trust. In 2015, the ideal opportunity presented itself when I heard about an election to become one of the Trust's governors. I felt this would help me learn more about the role of the Trust and give something back by playing a significant role in its future direction. It wasn't an easy decision as at the time it felt way out of my comfort zone, but with considerable thought I realised it was an opportunity I would be foolish to turn down.

I had only been a staff governor for 18 months when I was thrust straight into a significant organisational case for change – the Trust was considering creating Harrogate Healthcare Facilities Management Ltd (trading as Harrogate Integrated Facilities (HIF)), a wholly owned subsidiary, to supply services to Harrogate District Hospital and community services such as maintenance, sterile services, portering, catering, security, waste management, and domestics. Within my role as a staff governor, I have had to

wear many hats. As well as being a staff governor, I am a manager, a member of staff, and part of #teamHDFT, roles which would all be impacted by the change. Even now, three years later, the governors are focussed on monitoring HIF performance and whether it has met the objectives it was set up to achieve.

I had become very passionate about my role as staff governor and the opportunities it provided to instigate positive change, but unfortunately when I was transferred to HIF I had to relinquish my staff governor role. I was keen to ensure that the Trust did not lose representation from HIF and that staff in this subsidiary still had a voice. In July 2018, following my expressions of interest I was appointed as the nominated stakeholder governor for HIF. In 2019, the lead governor position became vacant at the Trust. Having relished my role as firstly a staff governor, then stakeholder governor, I decided to see if I could add a third string to my bow as lead governor and put myself forward.

I was delighted to be chosen as lead governor and took up the post in January 2020, but little did I know what I was about to face. Within weeks the first COVID-19 case was confirmed in the UK. Life as we knew it changed almost overnight. The last year and a half have been an extraordinary time for the NHS and quite unlike anything we have experience in living memory. The pandemic meant our Trust was working harder than ever before and the way we operated also needed to change to cope with the demands. The board were excellent at providing extra briefings for governors, and as with most of society, we embraced the wonders of the digital age, especially video conferencing, with all of our meetings being converted to a virtual platform.



As restrictions and lockdown were introduced and people were being furloughed or having to work from home, I was able to commit as much time as was required for both of my leadership roles – as a medical professional and as a governor. I felt that as the Trust was faced with such pressures it was important that I was heavily involved in its future direction. While there is nothing that can replace a face-to-face meeting, modern technology has had many advantages. We have found governors have been able to attend more meetings, including ones that they may have otherwise not been able to attend due to travel.

As the lead governor, I felt that I needed to attend as many as I could to ensure the governors were represented at all forums. Staff governors have also had to deal with additional pressures as they had to prioritise their roles as NHS employees during the pandemic. While Microsoft Teams and Zoom have been a blessing in helping us to keep the wheels turning, the lack of face-to-face interaction has been hard.

Being a governor can be both challenging and rewarding. I have worked at the Trust for more than 16 years and been a governor for the last five years. Being a governor has added a new perspective and dimension to my role and it is the chance to make a real difference for both my colleagues and the people in my community that makes it so worthwhile. It can be time consuming attending quarterly council meetings, board meetings and informal briefings with the board (which includes both the exec and non-executive directors), but is extremely rewarding knowing you are being listened to and your views are helping to shape the Trust's future.

On reflection, I wish I had pondered less and probed more when I first started. I believe that you can only have an effective Council of Governors if you have good leadership, so I joined the National Lead Governor Association which enables me to understand my role better and operate more effectively as a leader. I was also very recently elected as the new chair of the association which has enhanced my responsibility and I will strive to continue with the fantastic leadership of my predecessor.



*Clare Illingworth, HDFT Lead Governor*

The past year has touched the lives of everyone including governors. As I have previously mentioned, staff governors have endured the additional challenges of the pandemic, working within the NHS while also committing to their governor roles. However, they have at least been able to see each other during their day-to-day roles. Public and stakeholder governors have relied solely on technology to conduct the business of the council, which has meant a different set of challenges. While meetings have continued as normal, the virtual platform is not quite the same and does not provide the chance for opportunist conversations at meetings or with the public and patients in the hospital or community.

The COVID-19 pandemic brought many challenges, and I am sure there will still be a few more to come. But, as a Council of Governors at HDFT we have managed to adapt and overcome the difficulties we have faced, provided a voice for our colleagues and played an important part in helping our beloved NHS to care for our communities. I have been fortunate to have experienced the governor role through all my lenses, as a member of staff, a stakeholder and as a lead. Do I wish I'd stayed in the restaurant industry? No, I much prefer helping create a recipe of success for HDFT.

# Election Countdown

A number of seats on HDFT's Council of Governors are up for election this winter with voting closing at 5pm on Thursday 16 December 2021. We have a number of exceptional candidates, but who would you choose?



There are less than two weeks to go before the HDFT Governor Elections take place and many of you may still be deliberating as to who you should vote for.

Whilst 18 elected and six nominated governors sit on the Council, this month three public governor positions are up for election which you may be eligible to vote for - two for Harrogate and surrounding villages, and one for Knaresborough and East District. Members in each constituency can vote for a candidate to represent them on the Council of Governors.

These governor vacancies have arisen due to governors coming to the end of their term of office or where the seat has not been filled in the previous election round.

Foundation Trusts are part of the NHS but they are governed locally instead of centrally. They have a membership - people who want to get more involved in local health services sign up to become members.

Foundation Trusts are accountable to their members through a Council of Governors. The Governors

play a vital role in shaping the future direction of HDFT and the services provided to local communities. They represent the interests of the Trust's membership (which includes staff, patients and local residents) and the wider public.

HDFT cares for the population in Harrogate and the local area as well as across North Yorkshire and Leeds. We also provide children's services in the North East in County Durham, Darlington, Middlesbrough, Stockton-on-Tees, Gateshead, Northumberland and Sunderland. Our Governors play a pivotal role in helping shape the future direction of the Trust.

This year, we have a number of candidates from a variety of backgrounds who are up for election and across the following pages you will find election statements from each candidate to help you make up your mind.

If you are a member of the Trust and have a governor election taking place in your constituency, you will have received a voting form either by email or in the post. Simply follow the instructions to make your vote count.

# Candidates Election Statements

## Public: Harrogate and surrounding villages



### Martin Dennys

I have worked with and for the NHS in many aspects of healthcare delivery for 15 years and seen some fantastic examples of healthcare delivery – often championed by extremely passionate clinical and medical staff. The NHS needs help and encouragement to share and implement this best practice and to ensure that they are delivering fantastic healthcare for you, your friends and family and the whole community.

We all rely on the NHS in our greatest times of need, and having had many friends and family, young and old, rely on our local Trust – I want to bring my own background and experiences to support them to improve their services to everyone. I am a stroke survivor myself, enabled by the phenomenal care of the NHS, and I want to champion the interests of you – my fellow residents of Harrogate.

I have regularly attended the public parts of the governor and trust meetings in Harrogate and seen how passionate and focused the executive and non-executive team are, and from having spoken to them, I know that they welcome the additional eyes, ears and voices of the governors to help them continuously improve the services they provide across the district.

The last CQC inspection of our Trust rated their services as being overall good – but there is more to be done to make the services truly outstanding, which other trusts have successfully attained. Safety was one of the key areas identified that our Trust needs to improve.

### **Declaration of Interests:**

**Political Party: None**

**Financial or other interest in the Trust: None**



### Tony Doveston

Having been a Governor at Harrogate District Foundation Trust for six years, I am eligible to continue for a final three years serving as your representative for Harrogate and surrounding villages.

I have been privileged to play a small part in ensuring the Trust continues to provide vital and essential services. My current experience enables me to make a positive contribution within the governing body, including playing a key role in the appointment of the Trust Chair and Non-

Executive Directors and external auditors. These selection groups are primarily governor driven. I have also taken a particular interest in cancer care at the Trust.

My background includes 23 years as a serving officer in the RAF, seven years working in London and Harrogate for the National Health Service, followed by 12 years as Regional Director for the British Heart Foundation in the North and finally, working for seven years for Yorkshire Air Ambulance in North Yorkshire as its Fundraising Manager.

During the last two difficult years and with the ever increasing management pressures on the Trust, I have been able to play a part in ensuring that the community is well served by receiving the best possible treatment and support available. We are so fortunate to be served by a wonderful team of NHS professionals who are so dedicated to the care of others.

Members and governors are at the heart of our Foundation Trust and with your support, I would like to continue my involvement for another term.

### **Declaration of Interests:**

**Political Party: None**

**Financial or other interest in the Trust: None**

# Candidates Election Statements

## Public: Harrogate and surrounding villages



### **Ian Galloway**

I served for seven years on the NYCC Scrutiny of health committee as HBC scrutiny committee representative with a watching brief to support Harrogate and Ripon Hospitals.

I have received successful medical treatments and operations from Harrogate District Hospital.

I served as a governor on a charity within Ripon boundary who provide learning and work experience for adults with learning difficulties and remain a member in a voluntary capacity.

Have worked in Industry and commerce for over 50 years including my own business which carried out investigations into energy and environmental requirements and participated in the John Major Rio summit agreement on climate changes.

I am retired and have the time to fulfil my duties as a governor.

### **Declaration of Interests:**

**Political Party: Conservative**

**Financial or other interest in the Trust: None**



### **John Parker**

I would like to become a Governor as I think my working and life experience will be very helpful to the HDFT and the wider community. I have lived in Harrogate with my family for 33 years. On many occasions we have been grateful for the professionalism and energy of all the people in the HDFT. The humanity and selflessness, particularly during Covid has been wonderful. I have been fortunate to hold senior positions in several successful consumer facing companies. My last full time job was in the healthcare and pharmaceutical industry where I learned a lot about the NHS

and how it works and how other health systems internationally operate. I worked closely with non executive directors and understand why the really good one were successful.

Since retirement I have held non executive positions in a private therapeutic fostering company, a pharmaceutical manufacturing business and a building society.

I have been helping Year 5 boys in a local primary school to improve their reading and mentor them. Also I am a voluntary, unpaid member of the Independent Advisory Panel at the Army Foundation College. We have over 1,300 16/17 year old Junior Soldiers and several hundred Permanent Army and civilian staff on site. Our role is to help the Army focus on providing duty of care to the Junior Soldiers and support the Permanent Staff. In a lot of ways the IAP role mirrors those of the Governors and non executives at HDFT. I hope my statement will help you to support my nomination.

### **Declaration of Interests:**

**Political Party: None**

**Financial or other interest in the Trust: None**

# Candidates Election Statements

## Public: Harrogate and surrounding villages



### **Andrew Patrick**

I worked as a Porter at the hospital. I went on from the Hospital to make legal history with the USA Department of Justice. I am totally honest and I am extremely moral.

I am well educated after studying for 4.5 years at Bradford College, achieving a total of nine qualifications. The highest result was a HND in Business Information Technology.

After working as a Porter I became well aware of where amendments could be advised in the Trust and have every confidence in my ability to improve the Trust.

### **Declaration of Interests:**

**Political Party: None**

**Financial or other interest in the Trust: None**



### **Rabinder Kaur Sidhu**

I joined Barclays Bank in 1979 and worked within a customer focused environment for 30 years, during which time I developed good communication skills and I became highly adaptable within various roles. I am hard working and can work as part of a team or under my own volition. I can plan and organise with attention to detail with an extremely pleasant and confident attitude.

In one of my roles within Barclays I worked with an agricultural manager which required me to be methodical, prioritising work on a daily basis, planning and organising a portfolio including diary and appointments for customers.

I am a great believer in challenging discrimination, promoting equality and valuing diversity. Having worked in a banking environment, I am a great supporter of customer service and treat others according to their needs.

I am friendly, helpful, courteous, knowledgeable and enthusiastic and I always take ownership and responsibility for my actions and decisions.

In 2009 I was appointed as a criminal justice magistrate on the Harrogate bench following a rigorous selection process. In 2012 I was selected to sit on the family bench, following which I am now a presiding justice.

I enjoy knitting, yoga, reading novels and listening to radio and current affairs. We are keen walkers to improve fitness. I also enjoy cooking oriental and western dishes which is helpful when entertaining at home.

I feel that I would be able to contribute to the team with my skills and abilities within the role.

### **Declaration of Interests:**

**Political Party: None**

**Financial or other interest in the Trust: None**

# Candidates Election Statements

## Public: Knaresborough and East District



### **John Batt**

I have lived in Knaresborough for 40 years and have three grown-up children. I am a retired IT Consultant, mainly engaged by blue chip companies in England and Germany. My wife and I are keen walkers and enjoy caravanning. I am passionate about the preservation of our countryside and heritage. Also, the introduction of Green Open Spaces and the establishment of Green Gyms both of which benefit the health and wellbeing of our residents.

I was elected to Knaresborough Town Council in 2009 and subsequently to NYCC and HBC. I am still involved with KTC as a volunteer on Working Groups and I am Treasurer of Knaresborough Town Twinning Committee.

Having previously been a Stakeholder Governor at the York Teaching Hospital NHS Foundation Trust, an elected Lead Forum Member of the Yorkshire Ambulance Service and having just completed a 3-year term as one of your elected governors at HDFT, I am acutely aware of the challenges facing the NHS, particularly whilst we are still in the grip of the Covid pandemic and the effects this has on staff, patients and families.

Consequently, I will continue to work to ensure we obtain the very best from HDFT by challenging the Board of Directors, when appropriate and similarly holding the non-executive directors to account for the performance of the Board. At the same time, I will work with the Trust to ensure the optimum possible use of available resources.

### **Declaration of Interests:**

**Political Party: None**

**Financial or other interest in the Trust: None**



### **Richard Owen-Hughes**

I am standing for election to the Council of Governors because I am a strong supporter of the core principles of the NHS and a proud resident of Knaresborough. Becoming a Governor at HDFT would allow me to give something back to an organisation and a town that have given me, and my family, so much.

My wife and I have lived in Knaresborough for almost 20 years. Our three teenage boys were born at Harrogate District Hospital and go to school in Knaresborough. Our family has always actively participated in the life of the town, from the Bed Race to the Silver Band and more.

I am a former Governor at Meadowside Primary School, which has given me an understanding of how Governing Boards operate, but I am equally keen to learn and to apply myself to the needs of the Foundation Trust.

I work as Marketing Director for a nationwide recruitment business. This role requires a range of skills such as strategic thinking, commercial acumen and effective planning. More important still are my people skills – leadership, collaboration and especially, communication. I have always taken a great interest in what makes people tick, understanding their needs, and working out how those needs can be met. I believe that all these skills will help me to become an effective Governor for HDFT.

In my spare time I enjoy family activities, running, cycling, long walks with the dog and playing trombone for Harrogate Symphony Orchestra.

### **Declaration of Interests:**

**Political Party: None**

**Financial or other interest in the Trust: None**

# Candidates Election Statements

## Public: Knaresborough and East District



**Ian Varnes**

I am passionate about supporting my local community and ensuring people have a voice that can be heard where and when it matters.

Our Trust is an immensely valuable part of our community. This something that we must ensure continues to deliver the excellent level of service that we require from it.

Having lived, and raised a family, in Knaresborough over the past 20 years, I know how strong the community is and how ensuring this is represented on the Council of Governors is vitally important.

My personal belief is that politics should not influence the way such a vital service is managed and delivered. As someone with no party political allegiances, I feel confident in promising to look beyond these distractions to serve the needs of our community.

The experiences and skills I can bring to our Trust and community, as a member of the management team of Harrogate and Nidderdale Scouts, a member of the Governance Committee of a multi-billion pound employee pension scheme and a senior Trade Union representative, will enable me to question what is going on and why, to listen to our community and act in our best interests, always.

**Declaration of Interests:**

**Political Party: None**

**Financial or other interest in the Trust: None**

## Important dates in 2022

You are invited to attend our next public meetings - we'd love to see you there.





## New era for Northumberland health visiting and school nursing services

In October HDFT took over running Northumberland's 0-19 Healthy Families Service. As the biggest provider of 0-19 Healthy Family Services in the UK (we also operate this service for County Durham, North Yorkshire, Middlesbrough, Darlington, Stockton, Sunderland and Gateshead), we take great pride in providing the highest possible levels of care for children, young people and their families, so that they can get the best possible start in life.

The service in Northumberland will continue to be delivered locally by the same health visitors and school nurses, retaining their local knowledge of Northumberland, their key relationships with children, young people, their families and other stakeholders and remaining local and accessible across the county's varied geography.

Steve Russell, Chief Executive of HDFT said: "Although our Trust name is Harrogate and District, we already provide services across the North East, and we will now have bases in Northumberland too. We are looking forward to working closely with the current team of Health Visitors, School Nurses and other staff who currently provide this service - who will continue in their roles and still be based in Northumberland to ensure there is no disruption to the service.

"We take great pride in providing high levels of care for children, young people and their families so that they can get the best possible start in life and our aim is to develop and improve on the current service to better meet the needs of the community."



## Covid update & visiting

The number of patients in our hospital with COVID-19 has gradually reduced from a recent peak of 30 patients, to around 10-15 patients. This has followed a reduction in the rates of infection in the community. We will continue to keep the same infection control measures in place and have also encouraged COVID-19 vaccinations and boosters for all of our staff. The emergence of the new Omicron variant brings some uncertainty as we are not yet clear how this might impact the spread of COVID-19 or the numbers of patients requiring hospital care.

If visiting, please help by following the guidance below:

- Put on a clean surgical mask, wear it over your nose and mouth for duration of your visit, and wash your hands or use the hand sanitisers.
- If you are attending outpatients try to visit alone to reduce number of people in the waiting area.
- If you are visiting someone on a yellow ward, all patients may have one visitor by appointment, for 30 minutes between 2:00pm and 4:00pm.
- We can only allow two visitors in the entire bay at a time to allow social distancing. When you arrange your visit, you will complete a checklist to see if you are able to visit. If you are unwell, have COVID now or had contact/live with someone with COVID please postpone the visit.
- Please just sit on the chair with your relative and do not walk around the bay.
- On leaving the bay, please wash or sanitise your hands and again on leaving the ward.
- Visiting may change at short notice if a bay requires temporary closure for an infection.

If you have any concerns regarding the above, please discuss with the ward staff.



## Elective care

Over the last 18 months the COVID-19 pandemic has impacted on the health service in so many ways.

During this period, much planned care unfortunately had to be paused. The development of effective vaccines, and the reduction of infections requiring hospital treatment has meant we have been able to gradually increase the amount of elective care we are able to provide. We are doing all we can to reduce waiting times for treatment or surgery. To ensure we are addressing the needs of those patients who have waited for the longest and those with the highest clinical priority, we are working collaboratively with other acute trusts to ensure they can be seen as quickly as possible.



## Winter pressures

The winter months always bring with them additional pressures. We have secured funding to support additional ambulance transport to safely get patients home and employed additional staff to create a transfer team which will support the movement of patients around the organisation more efficiently. We are supporting additional pharmacy staffing to help improve the timeliness of discharges at a weekend and are also working hard to create some additional winter ward capacity to ensure we can keep treating both our emergency and planned patients through the winter period. Following the holiday period we are planning a 'perfect week' approach to create additional capacity as quickly as possible.



## Becoming greener

HDFT (alongside the wider NHS) is committed to becoming a greener, more environmentally friendly and sustainable organisation. Improvements are currently being undertaken to help reduce our energy consumption, and in the future we will also be generating our own energy on site by drilling a borehole to extract heat. To help us achieve our aim of becoming greener, we are enlisting our colleagues help. Plans are underway to establish a Green Champions network consisting of colleagues from across the Trust who can help us to promote the green agenda and provide valuable ideas on what HDFT can do to become greener.



## Developing our strategy for the future

To improve the health and wellbeing of everyone we serve, HDFT is embarking on a refresh of its Trust Strategy and Clinical Strategy. We would like patients and their families, the public, our members and our staff to get involved and have their say.

To gather the views of as many people as possible we will be running public and staff surveys over the next few months and we will be sharing details of how to complete the surveys soon. We would love to hear the views of all our Members so please complete the survey and let us know what you think!





The HHCC and Volunteer team



Sammy Lambert (HHCC) with author Leah Knight

Harrogate Hospital & Community Charity (HHCC) is the registered charity for HDFT. The HHCC and Volunteer Team would like to thank you for the ongoing difference you are making to the lives of staff, service users, patients and their families across HDFT.

As winter fast approaches, they are so grateful for everything you are doing to support #teamHDFT. Due to the immense pressure that the NHS is under, without your invaluable contributions, HHCC would not be able to continue its excellent work, which enhances the experience and facilities for the departments and services across #teamHDFT.

### Focus on the GOOD

HHCC's specially commissioned book – Focus on the GOOD which has been created by HHCC and author Leah Knight, makes a great gift this festive season. The collection of poetry and photography, inspired by the

The year of  
furlough  
schemes,  
and  
postponed  
dreams.  
The year  
our world  
stood still.

experiences of HDFT staff, patients and service users during the COVID-19 pandemic, reflects on their experiences over this time and how the community came together to support each other and those in the NHS in a time of need.

The book will enable readers to remember what was gained not just lost throughout the ongoing pandemic.

A great addition to your bookshelf the book will offer you the opportunity to look back on this time in years to come. All proceeds go directly to HHCC to raise vital funds to make life changing differences for our service users, patients, their families, and our staff. Books are available on the HHCC website for a suggested donation of £12.99. To get your copy today please

scan the QR code or contact the HHCC and Volunteer Team.



If you would like to make a donation please scan the QR code or contact the HHCC and Volunteer Team by calling 01423 557408 or emailing [hdfc.hhcc@nhs.net](mailto:hdfc.hhcc@nhs.net)



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## Follow HDFT on social media!

Keep up to date with the latest news from around the Trust through Facebook and Twitter:



[www.facebook.com/HarrogateDistrictNHS](https://www.facebook.com/HarrogateDistrictNHS)



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# Looking for a vocation not just a job?



Harrogate District NHS Foundation Trust (HDFT) and Harrogate Integrated Facilities (HIF) colleagues are rightfully proud of the organisation they work for and they are keen to encourage others to join #teamHDFT.

A huge amount of work goes on behind the scenes to attract and recruit candidates with the right skills, relevant experience and who value kindness, integrity, teamwork and equality.

Our career opportunities and events are promoted via Twitter, Facebook and LinkedIn. Trust colleagues and Members can help by sharing and re-tweeting messages so they reach potential

candidates, especially those that may not currently be job hunting.

The NHS has 350 different careers, many of which are on offer here at HDFT. The Trust provides a full induction and training package to support new starters so that they can fulfil the role to the best of their abilities.

Want to know more about our current opportunities?

Visit [www.hdft.nhs.uk/careers](http://www.hdft.nhs.uk/careers) for the latest HDFT opportunities or [www.harrogateintegratedfacilities.co.uk/category/opportunities](http://www.harrogateintegratedfacilities.co.uk/category/opportunities) for the latest HIF opportunities.

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