



Your Patient Initiated Follow Up (PIFU) Guide

Card for:

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Age Related Macular Degeneration

If you notice the following PERSISTENT NEW changes:

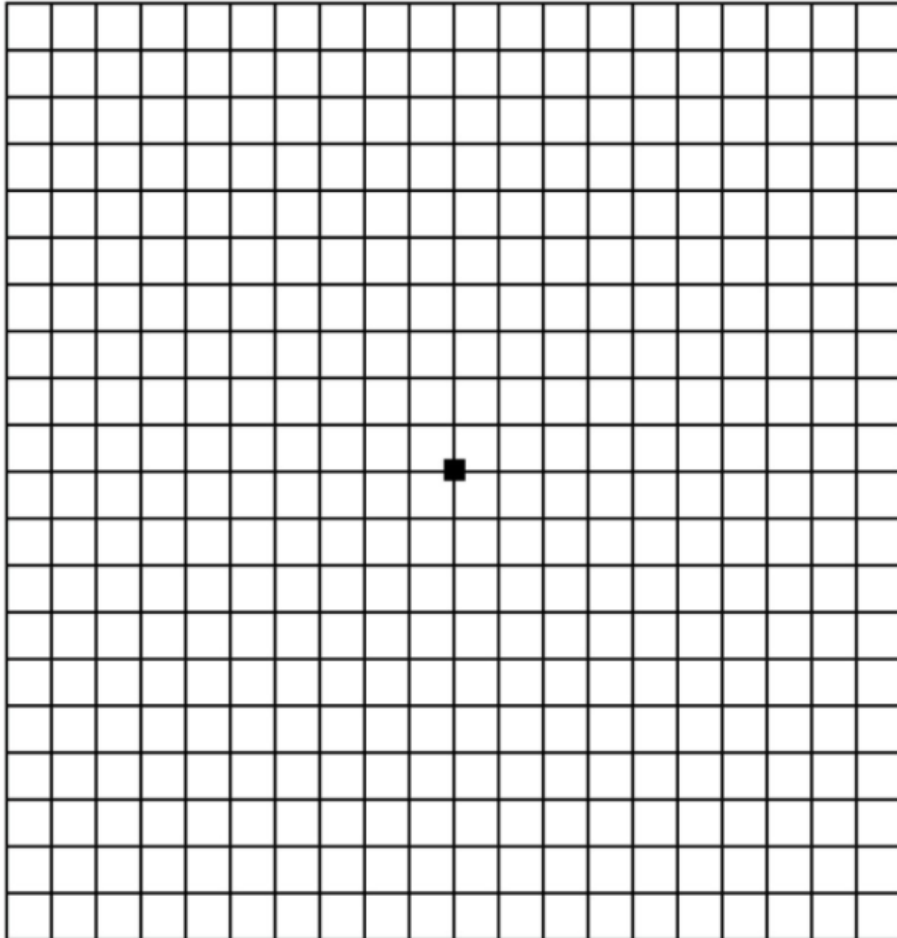
- Reduced vision
- Straight lines that appear wobbly
- Patchy vision

**Please contact the Eye Clinic urgently on:
*01423 542217***

For further information and support you can visit:

- www.nib.org.uk/eye-health/eye-conditions/age-related-macular-degeneration-amd
- www.nhs.uk/conditions/charles-bonnet-syndrome/
- www.macularsociety.org/macular-disease/macular-conditions/age-related-macular-degeneration/

Amsler Grid



Please see instructions

Look for new straight lines that now appear wobbly OR new patchy vision

How to use your Amsler grid

To help you assess **CHANGE** in your vision, please use the Amsler grid.

Cover one eye with the palm of your hand and focus on the centre black dot with your uncovered eye

If you answer 'yes' to any of the following:

- 1) Are there any new lines that appear bent, wavy, missing or blurry?**
- 2) Are there any boxes which now appear different in size/shape from others?**
- 3) Are there any more missing or dark areas on the grid than previous?**

Please contact the Eye Clinic urgently

Watch how to check your central vision using an Amsler Grid here:
www.youtube.com/watch?v=GZfmyEVlxSs