

**Foot examination:**

1. Foot: Deformity or callus
2. Arteries: Palpate dorsalis pedis and posterior tibial pulses
3. Neuropathy: 10g monofilament
4. Active foot disease

**All of the following:**

1. No neuropathy
2. At least one palpable foot pulse
3. No foot deformity
4. Not on dialysis

**One of the following:**

1. Neuropathy
2. No palpable foot pulses
3. Foot deformity

**One of the following:**

1. Neuropathy AND no palpable foot pulses
2. Neuropathy OR absent foot pulses AND callus OR deformity
3. Previous foot ulcer OR amputation
4. Dialysis

**One of the following:**

1. New foot ulcer
2. Spreading infection
3. Critical ischaemia
4. Gangrene
5. Hot, red, swollen foot (possible Charcot foot)

**One of the following:**

1. Foot ulcer with fever or any signs of sepsis
2. Clinical concern that there is a deep-seated soft tissue or bone infection

**LOW RISK**

1. Annual foot screening
2. Advise importance of good foot care
3. Advise possible progression of foot risk

**MODERATE RISK**  
Refer to community podiatry :  
Podiatry Department  
Springhill House  
19 Springhill Close  
Scarborough  
YO12 4AD  
Tel. 01423 542972  
Email

**HIGH RISK**  
Refer to high risk community podiatry :  
Podiatry Department  
Springhill House  
19 Springhill Close  
Scarborough  
YO12 4AD  
Tel. 01423 542972  
Email

**ACTIVE FOOT DISEASE\***  
Advise minimal weight-bearing on affected foot  
Urgent same day referral  
Telephone  
07920073785

**LIFE-/LIMB THREATENING DIABETIC FOOT DISEASE**  
Refer urgently to vascular on-call via York switchboard (or Acute Services at JCUH if Whitby)

For all Email referrals: [HDFT.podiatryreferrals@nhs.net](mailto:HDFT.podiatryreferrals@nhs.net) State priority in subject heading.

\*If foot is clinically infected prescribe antibiotics as per local protocol.