Specialist Children's Services
Occupational Therapy Service

NHS
Harrogate and District
NHS Foundation Trust

Pre-Assessment Information



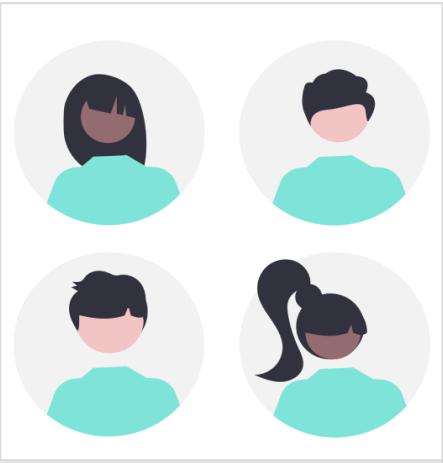
Why is my child being offered this assessment?

Your child has been referred to the Occupational Therapy Service which involves finding out about their strengths and challenges, and any difference in their development.

Who is in the Occupational therapy team?

The assessment appointment will include some of the following:

- Occupational Therapists
- Occupational Therapy Assistant Practitioners
- Students on placement





What does the assessment involve?

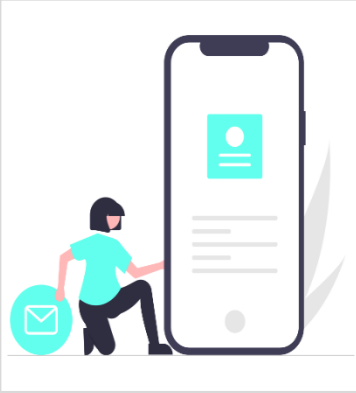
The assessment appointment is usually around 1-1.5 hours, which may include:

- Either a clinic, home or school-based assessment of your child's functional needs.
- Background information from parent/carer and child.

Where?

This appointment could be at one of the following locations:

Home, school or Virtual Clinic



Who do I contact if I have questions?

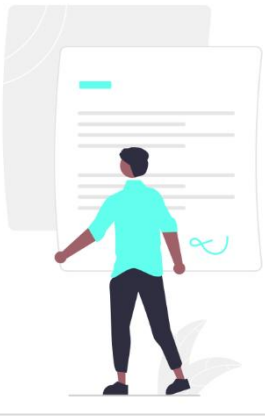
E-mail – hdft.scsadmin@nhs.net

Child Development Centre, Harrogate: **01423 553122**

Child Development Centre, Northallerton: **01423 542490**

What will happen after my child's assessment?

Once the assessment process is complete, the Occupational Therapist will discuss the support that might benefit your child. After the assessment, we will send you the final written report, summarising the assessment and your child's targets. You will also be sent relevant information that signposts you to useful sources of information.





What if I have questions about the report?

E-mail – hdft.scsadmin@nhs.net

Child Development Centre, Harrogate: **01423 553122**

Child Development Centre, Northallerton: **01423 542490**

Child/Young Person's Assessment



Type of appointment? This will usually be face to face.

How long? Usually around 1-1.5 hours

Who needs to be there? The child / young person and their parent/carer. If the child is old enough and comfortable coming into the session alone, we may ask parent/carer to wait in the waiting area during their appointment.

Where? This appointment will be at one of 2 locations:

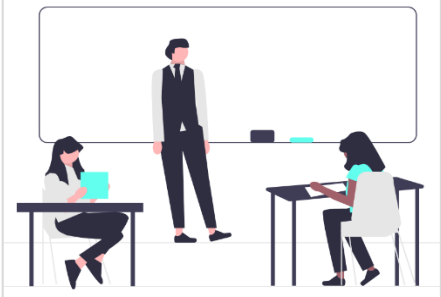
- Child Development Centre, Harrogate District Hospital
- Child Development Centre, Northallerton

If you rely on public transport and cannot make the location you have been allocated, let us know as soon as possible and we may be able to offer you an appointment at the location that suits you best.

It is not a test and there are no right or wrong answers. We explore and find out what your child is good at and if there are situations, or activities they find more challenging.

The assessment is a child friendly experience, tailored to suit your child's age and it progresses at their pace. We do this by using tasks appropriate to the age of your child such as doing puzzles, looking at toys/resources and talking to each other.





We may also undertake an observation of your child in their educational setting if we are unable to gather all the information to make a decision based on information gathered. We will let you know if any additional assessments are needed.