

### Confidentiality

Harrogate and District Foundation Trust (HDFT) has a duty to keep your information confidential. However, if staff have any concerns about your safety and wellbeing or that of a member of your family, they have a duty of care to pass the information on to the appropriate agency.

### Access to Healthcare Records

We will share with you the information that we collect. However, if you wish to have access to your records, please write to:-

The Information Governance Team  
Medical Records Department  
Harrogate & District NHS Foundation Trust  
Lancaster Park Road  
Harrogate  
HG2 7SX

Release of records is subject to the conditions set by the Data Protection Act 1998 and a small charge is usually made.

### Zero Tolerance

You should treat NHS staff and other patients with respect – if you abuse people you may be prosecuted.

### Comments, Compliments and Complaints

If you wish to comment on any aspect of our service, please let a member of staff know

#### Telephone:



01423 555499

#### Email:

[thepatientexperienceteam@hdft.nhs.uk](mailto:thepatientexperienceteam@hdft.nhs.uk)

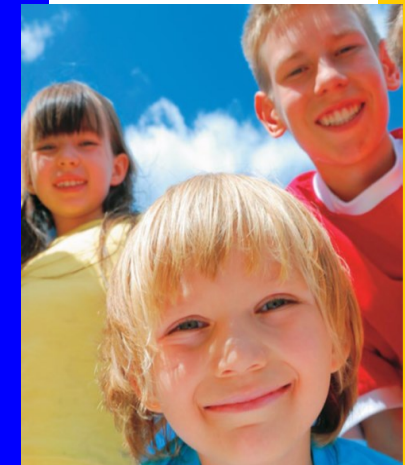


#### Write to:



The Patient Experience Team  
Trust HQ  
3<sup>rd</sup> Floor Strayside  
Harrogate & District NHS Foundation Trust  
Lancaster Park Rd  
Harrogate  
HG2 7SX

## Health Assessments for Looked After Children and Young People



## What is a Health Assessment?

Whilst you are being Looked After we would like to meet with you to discuss your health.

We want to make sure that all your health needs are being met and that you have a GP and Dentist and that your vaccinations are up-to-date.

If needed, we can help you with appointments to keep you fit and healthy.

This is your opportunity to raise concerns about your health. Your thoughts and wishes are very important to us. We will try and provide regular support and information at your request.



## Why?

The Law requires that all Children Looked After have a Health Assessment. The first Health Assessment is usually done by a Paediatrician and the following assessments completed by a suitably trained Nurse, unless there are on-going health concerns and then a Doctor may see you.

## What do we talk about?



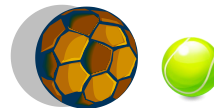
Dental care



Feelings and emotions



Eating and drinking



Fitness and exercise



Drugs, smoking and alcohol



Sexual health



General health problems

## Who will be invited?

You, your parent and or your Foster Carer. You will have a chance to discuss issues about your health in a private and confidential manner, if you wish.

## Where?

The Health Assessment could take place either in a Clinic, at School, where you live or a place of your choice.

## Who will do the Health Assessment?

If possible, it will be someone you know already. However, this is not always possible. You will receive an appointment by letter or a phone call and the person's name will be provided with the letter.

It may be a Health Visitor, School Nurse, a Health Advisor or Doctor.

## What happens after the Assessment?

A Health Care Plan is developed and a copy is given to your social worker and kept in your child health records. With your agreement, copies may be sent to your GP, carer and/or your parent. The Health Plan identifies your health needs and how we can help with these.

## Health Passports

A Health Passport is a summary of your health throughout your time as a Looked After Child. You may find this information useful, it will be given to you when you are a care leaver or in the future if you prefer. This will be offered at the time of your final Review Health Assessment.