



Sir Robert Ogden Macmillan Centre (SROMC) Newsletter

‘Strutting 4 Cancer’ Fizz, Fashion and Fun Raises £10,000!



Above: A dancer getting the show started.

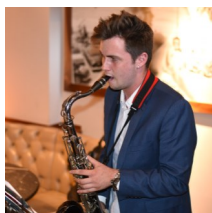
Restaurant Bar and Grill, Harrogate generously provided the venue for a great night of entertainment, glamour and great fun to raise funds for the Sir Robert Ogden Macmillan Centre Complementary Therapy Service. Guests enjoyed prosecco and canapes on arrival whilst waiting for the fun to begin.

Organisers Jean Williams and Julie Crossman were overwhelmed by the response to this event. Clothes were on show from sponsors, Sheer Bliss, Smithers Menswear and Smithers Ladieswear, Jigsaw, Sudo Attire, The White Company and Whites.



The evening was jam packed with fabulous entertainment from a range of artists all giving their services free of charge. Master of Ceremonies for the evening was local DJ Alex Cann who also presided over the charity auction. Once again the lots generously donated in support of the unit were really special, raising vital funds. The carnival spirit got underway with a super display from DanceWorx, followed by a fabulous parade of high quality outfits.

Guests were treated to more entertainment in the interval provided by top class vocal performances.



Continued overleaf

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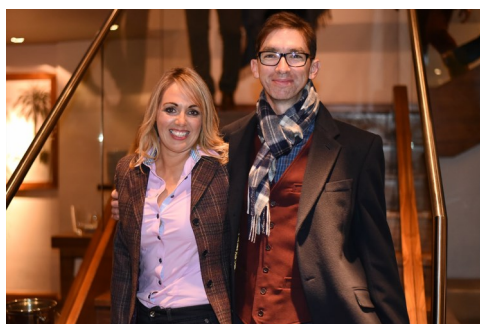
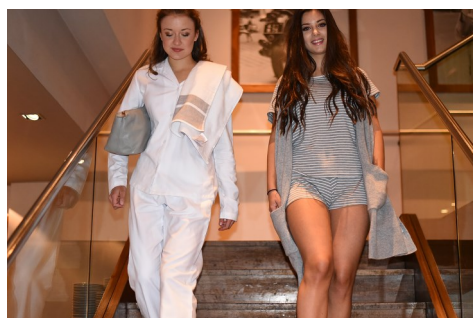
The highlight of the evening was the final set of clothing shown off by models who have all had personal experience of the benefits of the Complementary Therapy service and wanted to show their support by helping to raise as much money as possible. Needless to say, there wasn't a dry eye in the house and they were all received with a rapturous standing ovation. Model, Denise Craven said,

"I haven't felt so alive and full of life and fun in a very long time."

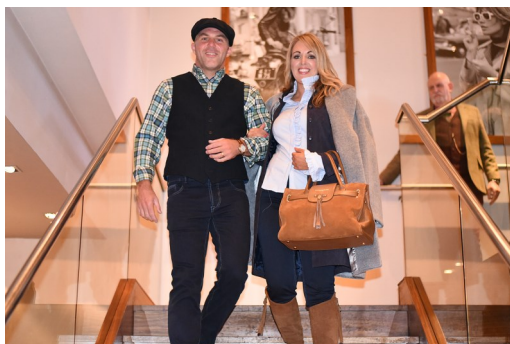
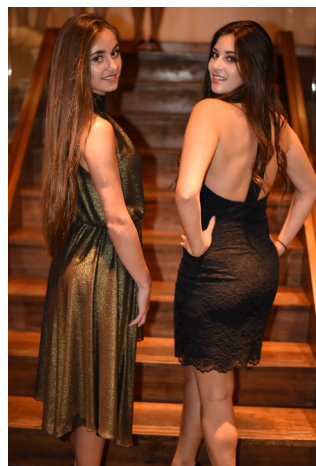
Left: Model Denise Craven



Above & Below: Enjoying the evening



The evening had a real party atmosphere and was thoroughly enjoyed by everyone who attended. Thank you to everyone who supported and helped make this event such a huge success. The response has been so great, we are planning to repeat the event again next year!



Above: Organisers Jean Williams flanked by two hunky raffle ticket sellers and Julie Crossman.

**For more information about the event held this year
Got to www.struttingforcancer.co.uk**

The SROMC Macmillan Cancer Information and Support Service (MCISS)



The Sir Robert Ogden Macmillan Cancer Support Service were invited to join forces with the Macmillan Mobile Cancer Information Support Service and their mobile bus, 'Beryl,' at this year's Yorkshire Show. Over the course of just one day a staggering 1000 enquiries were dealt with by the team. Members of the public sought help and advice on a wide range of topics, from seeking support following loss and bereavement to asking questions relating to financial support.

Their presence at the show is particularly appreciated by the farming community who often find it difficult to access advice and support face to face due to the nature of their working hours and locations.

The team also focussed on raising awareness about the risks of the sun and how to spot the signs and symptoms of skin cancer. Free sun cream samples were given out much to the relief of those caught out in the searing Yorkshire sun!

Right: Sarah Grant Harrogate's Macmillan Information and Health & Wellbeing Manager with Beryl the Bus and the Macmillan Mobile Information Team.



Myeloma Awareness Week 21-28 June

The Macmillan Haematology team held a display in the SROMC as part of Myeloma Awareness Week. Dave Anson Care Co-ordinator for the team responsible for the display was keen to share information about the condition including signs and symptoms, treatment and support available to those affected by the disease.

Left: Haematology CNS's Lesley Wright and Lucy Ward with Dave Anson.



SROMC Information & Wellbeing Services

The Complementary Therapy Service

offering;

Therapeutic Massage, Daoyin Tao, Bowen Technique, Reflexology and Reiki.

FREE

to patients and carers.

To arrange a referral or for more information please speak to the nurse/clinician



Feel More Like you



For expert advice on caring for your skin, hair and nails during cancer treatment our Boots Macmillan Beauty Adviser will help to provide practical help and tips.

For more information contact Sarah Grant
Tel: 01423 55 7317
Email: cancerinformation@hdfnhs.uk

MCISS Cont'd

SROMC helps Macmillan to celebrate 20 years of the Ripon Carol Concert

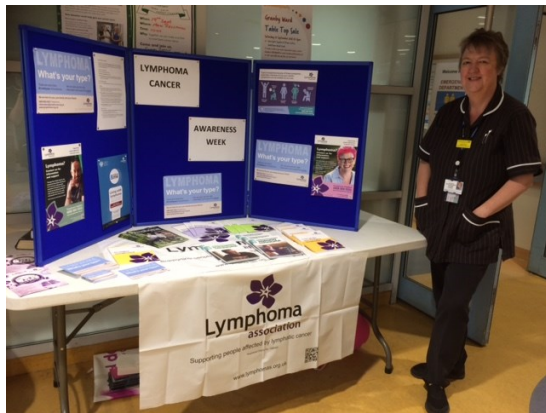


Yorkshire Carol Concert Committee organise a Carol Concert event at Ripon Cathedral every year. This December sees their 20th anniversary. The event raises in the region of £30,000 every year, and over the past 20 years they have raised a staggering £278,89.00. To mark their 20th year, Macmillan Cancer Support Fundraising Managers wanted to do something a bit special for them to thank them for their ongoing support. Some members of the Committee had visited the Sir Robert Ogden Macmillan Centre (SROMC) individually before, but the majority had never seen it, so the centre hosted an evening reception and tour to say thank you for the funds that have helped to create vital services and facilities like those at the SROMC in Harrogate.

Chemotherapy Unit Manager Brenda McKenzie, and MCISS Manager Sarah Grant presented to the group alongside Macmillan Fundraising Managers Michaela Ryder and Clara White. Lorraine McDonald, Macmillan Lead and Quality Partnership Manager who explained how money raised for Macmillan Cancer Support is spent to help healthcare professional roles and develop new services.



Kate Stone current Chair of the Yorkshire Carol Concert Committee said,
"Thank you for organising such a wonderful evening on Monday. It is the most amazing place, with such incredibly dedicated staff. It was so brilliant to hear from them and to get an even better picture of the scope and scale of the work that Macmillan carries out and is involved in."



Lymphoma awareness week September 2016

As part of lymphoma awareness week the Macmillan Haematology nursing team had a stand at the main entrance of the hospital. There are approximately 125,000 people in the UK living with lymphatic cancer. The stand provided a range of information on lymphomas and hoped to raise awareness about the lymphoma association which is the only UK charity dedicated to supporting patients with lymphoma.

TLC (Talking and Listening Club)

Are you having treatment for Cancer?

Or have you recently been through Cancer treatment?

Would you like to talk and share your experiences with other

patients who understand first-hand how you may be feeling?

When: The 3rd Wednesday of the month

Where: The Ripley Room, in the Sir Robert Ogden Macmillan Centre,

Time: 10am – 12.30pm

Everyone is welcome. Refreshments provided.



Simon appointed as Specialist Mesothelioma Nurse in West & North Yorkshire



Simon Bolton has been appointed as a Mesothelioma Clinical Nurse Specialist (CNS) at Harrogate District Hospital to cover the west and north Yorkshire region. The new post has been made possible through funding from Mesothelioma UK, a national charity dedicated to this asbestos-related cancer. Simon's post will be the 12th addition to Mesothelioma UK's Specialist Nurse team.

Over the past year, there have been over 100 mesothelioma cases in and around Yorkshire. In this new role, Simon will work across the region and with colleagues to ensure that there is access to specialist support and information, and to promote a growing appreciation of the mesothelioma public health disaster currently being faced in the UK. Simon will also promote awareness about the full options available for mesothelioma patients by supporting, signposting and disseminating information, leading and generally offering appropriate clinical support.

Having qualified in 1995, Simon spent a couple of years at St. James Hospital working in cardiology, general medicine and coronary care. In 1997, he went to work as a cancer nurse. Simon then took on his first lung cancer role with Mid Yorks Hospitals NHS Trust where he was in post for seven years. He has also held the position of Night Nurse Practitioner at Cookridge Hospital (a cancer Hospital in Leeds).

Most recently, Simon has worked for Harrogate and District NHS Foundation Trust as a lung cancer nurse specialist and is also involved with the Sir Robert Ogden Macmillan Centre (SROMC). In 2014, he ran the Great North Run, raising money for the Roy Castle Lung Cancer Foundation and last year, completed a full marathon in York raising over £700 for Mesothelioma UK.

Commenting on his new role, Simon Bolton said: *"I'm delighted to be taking on this new role, funded by Mesothelioma UK. There is a real need for more clinical trials and research in the region to support the growing number of mesothelioma cases. I also hope to support other healthcare professionals about anything relevant to mesothelioma and ensure patients receive the highest quality care, support and treatment. Patients still need to be made aware about the treatment options available to them and I hope to provide the vital information and support for them."*

Liz Darlison, Mesothelioma UK Director of Services and Consultant Nurse, added: *"I am delighted to welcome Simon to Mesothelioma UK, a passionate and dedicated team that is having a remarkable impact across the UK. With the increased number of mesothelioma patients in and around Yorkshire, Simon will focus on patient care, encouraging more clinical trials and research to take place, and taking the lead to support and educate more people on all aspects of mesothelioma."*

About Mesothelioma UK:

Mesothelioma UK Charitable Trust is based at Glenfield Hospital in Leicester. Our services are free of charge and we rely entirely on donations, legacies, fundraising and sponsorship for financial support. For more information, visit www.mesothelioma.uk.com, email mesothelioma.uk@uhl-tr.nhs.uk or call the free phone helpline number on 0800 169 2409 (Monday – Friday 8.30am-4.30pm).

The SROMC Chemotherapy Unit

- Lindsay Caygill - Research Sister

#hello my name is...



I joined the Cancer Research Team in May this year. Right from qualifying as a nurse nearly 20 years ago, I knew cancer was the area I wanted to work in. I spent a lot of time working in different departments at Cookridge hospital which was the Leeds cancer centre at the time. I also spent a very rewarding year working in the hospices in Leeds.

I became interested in research about 10 years ago, working initially as a Research Nurse in bowel cancer. When my children were born, I decided to work for a research company where I was based at home, but also had the opportunity to travel around the country and abroad managing research projects. When my children grew older, I felt the time was right to work directly with patients again, which I had missed greatly. I did a 6 month return to practice course on the wards at Harrogate and was thrilled when a position became available in the cancer research team.

Our team consists of me and Nicky Thomas as Research Nurses and Barbara Heath and Lisa Jones as Clinical Trial Administrators. One of the most important parts of this job is to work with patients and their families to help them understand what is available in research. We work alongside all those involved in the patients care. Working together with the wider clinical team is crucial in making things run more smoothly.

The contribution patients are making now and have made in the past has a massive impact on what is happening in cancer and the progress being made.

I don't think people realise just how much research is taking place in Harrogate not just in cancer but in all areas. I would encourage anyone who is coming to the hospital to ask about research, as we really want patients to know what opportunities are out there!

Key To Staff Uniforms on the unit and in the hospital



Lead Cancer Nurse/Matron



Clinical Nurse Specialist



Unit Sister



Staff Nurse



Clinical Support Care Worker



Care Support Worker



Cancer Care Co-ordinator



Complementary Therapist

Jackie Buxton's 'Tea & Chemo' raises over £800 for Sir Robert Ogden Macmillan Centre

In December 2015, Harrogate author Jackie Buxton launched her '**Tea & Chemo**' book. This week, after a busy few months, she handed over a cheque of £830 in proceeds to Sir Robert Ogden Macmillan Centre where she received her treatment for cancer.

When Jackie was diagnosed with breast cancer at the age of 45, she lurched between the crippling fear that the cancer had spread, and great comfort that she was one of the lucky ones because the medical profession aimed to cure her.

Determined to learn as much as possible about her condition, Jackie devoured patient information leaflets and online articles. But what she really wanted to read was the account of an ordinary person being treated for cancer who, crucially, emerged on the other side still smiling.

Unable to find anything, Jackie decided to do what she does best: write. Detailing her experiences in a blog, she soon found that people began to write to her saying that her blog had helped them in their own struggle with cancer. Delighted to be having an impact on others, Jackie realised that she had much more to say.

What started as a blog grew into the book that Jackie wanted to read when she was diagnosed:

"the truth coated with positivity and optimism". **Tea & Chemo** was born. Spending time in the best-seller lists and gaining over 75 five star reviews, Tea & Chemo is selling better than Jackie dreamed and she's delighted with the contribution she's been able to make to charities so far. Jackie was treated at Harrogate and District NHS Foundation Trust's very own Sir Robert Ogden Macmillan Centre, and to give something back to the people who supported her so well, she chose to donate all proceeds to worthy causes— including the centre.

Jackie said,

"The team of staff at the centre were responsible for turning the emotionally and physically difficult experience of having chemo into something almost pleasant – honestly. I never felt as secure and cared for as when I was attending the centre every three weeks."

"I wanted some of the proceeds of Tea and Chemo to go to the department to show my gratitude to all the staff and volunteers as well as to attempt to do something small for all cancer sufferers and their loved ones."

Sarah Grant, Macmillan Patient Information and Health & Wellbeing Manager said:

"It's lovely to be able to share Jackie's book and her positive experiences of the centre with those who are having their treatment with us now. We are very grateful for the royalties raised from the book as they will help us continue to improve the care and support we are able to give our patients."



Above: David Fisher HHCC, Jackie Buxton & Sarah Grant.

[Tea & Chemo: Fighting Cancer, Living Life](#), is published by [Urbane Publications](#) and available from [book stores and on-line \(paperback and eBook\)](#), priced £7.99.

For more information about Jackie, please visit her blog (<http://jackiebuxton.blogspot.com>) or her website (www.jackiebuxton.com).

Macmillan Breast and Gynae Nursing Team Merge

The Macmillan Clinical Nurse Specialists in Breast and Gynae Services have come together to become Womens Health Team (Recognising also that a small number of men develop breast cancer).

The Team consist of

Band 7 – Lead CNS – Marion Webb

Band 6 - CNS – Jodie Lupton, Suzie Walker , Phillippa Bappoo

Marion Webb said,

"This is an exciting and new venture for both teams. We are committed to delivering high quality care to our patients. Coming together will enable us to cross cover services and gain further skills and expertise in the care and management of those patients diagnosed with either a Breast Cancer or diagnosed with or a suspicion of a Gynae Cancer. The team will be promoting and sharing our services in area across the Trust. So we look forward to sharing our vision and working with all our allied professionals."

For further information please contact

Marion Webb Lead 5732

Contact Numbers

Breast Care Services in Womens Health ext 3398

Gynae Oncology Services in Womens Health ext 5732



Local Support for People Affected by Cancer

Wig Wham Thank you Mam, offers to relieve some of the financial worry for those patients who may require a wig due to their cancer treatment.

Peter Gotthard, Harrogate's Premier Hair Dressing Salon on Parliament Street is also on board to put the finishing touches and personalise the hair piece to suit the client. Free of charge.

For more information contact;

www.wigwhamthankyoumam.com

Or www.cancerinformation@hdfn.nhs.uk

Tel: 01423 557317

ovarian cancer action

Jo Beagley was diagnosed with an ovarian cancer two years ago. During this time she has written a blog published regularly on the Ovarian Cancer Action website. Her blog shares her experiences of her diagnosis and treatment.

To read her latest post follow the link below;

<http://ovarian.org.uk/news-and-campaigning/blog/it-feels-like-life-is-almost-back-to-normal-or-at-least-a-new-normal>

SROMC Showcases Services at Annual Trust Open Event

The SROMC joined 35 teams working in the community across North Yorkshire, North Leeds, Middlesbrough, Darlington and County Durham as well as those based at Harrogate District Hospital and Ripon Community Hospital to showcase their services.

The event enables members of the public to find out more about the services provided by the Trust, and learn more about it's work with local partner organisations to transform services in the future.

Below: This years interactive stand



Macmillan GI Team Raise Awareness of Oesophageal Cancer

The Macmillan Gastro-Intestinal (GI) Team here at Harrogate had a busy summer with their awareness stands. Back in August the team were responsible for spreading the word about the importance of knowing the signs and symptoms of Oesophageal Cancer.

Around 8,750 people are diagnosed with oesophageal cancer each year in the UK. It's become more common over the last 40 years. It's the 13th most common cancer in adults. The oesophagus is part of the digestive system. It is the tube that carries food from your mouth to your stomach.

Oesophageal Cancer does not have a specific month dedicated to awareness so the Macmillan GI Team decided to dedicate August for this very reason.

With help from The Oesophageal Patients Association and Macmillan they were able to set up an impressive eye catching stand here at the hospital and also in Harrogate's main Boots store in the town centre. The week commencing 1st August saw the stand here at the front entrance to the hospital;



Left: Stand in Harrogate Hospital



Right: Stand in Boots, Harrogate

The Oesophageal Patients Association very kindly supplied all the 'Ref Lux' signs and symptoms material. The 'OPA' is a national charity that provides quality information to patients, their carers and family affected by oesophageal cancers. The OPA was founded on the principle of patients helping each other by sharing their experiences. In Harrogate the OPA meet every third Thursday of the month in the Ripley Room here at the Sir Robert Ogden Macmillan Centre and anyone is welcome to attend.

The Macmillan GI Team here at the Hospital are very keen on highlighting the importance of raising awareness. They were pleased with how their campaign went and hope that the information they have been able to provide, to such a wide spectrum, will go a long way in encouraging people to be aware of the signs and symptoms of Oesophageal Cancer.

Most symptoms will not be oesophageal cancer, but early detection saves lives.

Remember;

Persistent (every day for three weeks or more) heartburn or indigestion

Food coming back up

Difficulty in swallowing

Pain or discomfort in the throat or back

A horse voice or a cough that will not go away

Unexplained weight loss

Coughing up blood

If you notice any of these symptoms - Go and see your Doctor

Fundraising and the SROMC

**WE ARE
MACMILLAN.
CANCER SUPPORT**



Right: Maria Crabtree, Anne Harbige and Macmillan Communications Manager Sarah Charters

Below: The SROMC Spring Ball committee and HHCC Fundraising Manager, David Fisher

Thank you to everyone who supported our annual Macmillan Coffee morning at the SROMC. We raised a fantastic

£190.23



**Harrogate Hospital
& Community Charity**

Special thanks to Harrogate Macmillan Committee members, Anne Harbige and Maria Crabtree for their help in serving and keeping the flow of coffee going. Congratulations to Heather Priestley for guessing how many Spots were on the cake. She was closest with 498 to the answer of 495, and won £20.



The Sir Robert Ogden Macmillan Centre Spring Ball Committee

Presented Macmillan Cancer Support and Harrogate Hospital & Community Charity's Sir Robert Ogden Macmillan Centre Complementary Fund with the proceeds made from this years Spring Ball.

SAVE THE DATE: Next Year Saturday 20th May 2017



Great North Run undertaken In memory of Rita

Gemma Kirk, Steph Mitchell, Gill Toddington and Rich Scott ran the Great North Run in memory of Gemma's mum, Rita. All sponsorship went directly to the Unit and will be used to provide complementary therapies and support for patients. Gemma said, "This really is a fantastic local cause and made such a difference to my Mum during her treatment."

Friends of Harrogate Hospital & Community Charity

Ideal for patients, crocheted plants, Lunch/medicine bags and ipad/iphone holders. Items cost £6 - £7

For details contact ; Colette Lai

07538098384 or Colette.lain@gmail.com



If you are interested in fundraising for the SROMC and Harrogate Hospital & Community Charity please contact, David Fisher at Harrogate and District Foundation Trust

Tel: 01423 555641 e-mail: David.Fisher@hdfn.nhs.uk

**WE ARE
MACMILLAN.
CANCER SUPPORT**

Fundraising and the SROMC

Christmas Cards will be on Sale at the SROMC from October 31st on behalf of the Friends of Harrogate Hospital. All proceeds will support Harrogate Hospital & Community Charity.



Ron's epic Bike Ride for Macmillan Cancer Support



Ron Ransom cycled from Harrogate to Windermere to raise money for Macmillan Cancer Support. He raised an impressive £800.00

Above: Ron pictured with Macmillan Fundraising Manager, Michaela Ryder at the SROMC

Good Luck to Lear Fitness as they go the extra mile for the SROMC



Staff from Lear Fitness in Harrogate will be running 10 miles as part of the Yorkshire 10 mile race this weekend. They have chosen to run for the SROMC, so a huge thank you in advance guys!

Left: Lear Fitness Staff completing this weekends Run

Blind youth charity director, Andy Wilson to run Yorkshire Marathon in aid of Harrogate causes Yorkshire marathon

After having 2 lots of skin cancer last spring, and now currently facing it again, with an operation pending in October. I decided to aim for a marathon (something that had all ways been a dream). So money raised from running the 26 miles on 9th October, will be divided 3 ways between the dermatology unit and the Robert Ogden centre here in Harrogate along with roll the rock youth charity. Running a marathon being totally blind is hard for many reasons but a big thank you to my guild runner Darren McClintock how has made it possible to run the marathon.

Right: Andy Wilson and Darren McClintok



If you are interested in fundraising for the SROMC and Harrogate Hospital & Community Charity please contact, David Fisher at Harrogate and District Foundation Trust

Tel: 01423 555641 e-mail: David.Fisher@hdfn.nhs.uk

**WE ARE
MACMILLAN.
CANCER SUPPORT**



Feel the Benefit with Phil's Top Tips!



SROMC Hair Loss Service

Get Pension Wise !



It's now over a year since more **flexible pension rules** came into force which allow people the right to access their pension pots as cash (subject to tax and charges).

The **Pension Wise** service was launched alongside these freedoms, giving everyone **aged 50+** with a pension pot the right to a **free, impartial and confidential appointment** – face to face or by telephone.

The **Pension Wise** team in **North Yorkshire** have been successfully delivering appointments from nine local **Citizens Advice** offices across the region, including at Citizens Advice Craven and Harrogate Districts. The service helps people to be informed and confident about planning their **retirement** and their **pensions options**, and how to avoid scams.

So please do **'think pensions'** if you or someone you know is aged 50+, as it's important that people receive **impartial** help to understand their options in retirement. For further information or to see if you're eligible, give them a call on **01609 767 555**.

For more information and details on how to apply call

Phil Bremner, Macmillan Welfare & Benefits Adviser

Tel: 01423 55 7318 Email: benefitsadvice@hdfn.nhs.uk

Scalp Cooling

For more
information speak
to the nursing staff
on the

The Wig Service

To arrange an
appointment
contact the Orthotics
Department

Tel: 01423 55 3445

Chemotherapy Unit

S.A.S.H.

(Scarves And Stylish
Headwear)

**Every Wednesday
2 – 4pm
In the Ripley Room
Just Drop In**

When Hair Grows Back After Treatment

**A Free consultation
service offering
support and advice,
To book an
appointment**

Tel: 01423 55 7317

Need Information?



The Macmillan Cancer Information Support Service at The Sir Robert Ogden Macmillan Centre provides information to help and support patients, staff and carers on all aspects of living with cancer.

Open for appointments

Mon - Fri
9.30am - 4pm

Or drop in
Mon - Fri
8.30am - 4.30pm

Tel: 01423 55 7317

Email:
cancerinformation
@hdfnhs.uk

Macmillan Cancer Support Line

Open 9am — 8pm
Tel: 0808 808 00 00
www.macmillan.org.uk

Cancer Support Information

Mesothelioma Support Yorkshire

Meet	every 6 weeks	Time	2-4pm
At	Park Plaza Hotel, Leeds		
Contact	Simon Bolton, Lung CNS	Tel	01423 55 5872

Harrogate Lung Cancer Support Group

Time	2-4pm	At	Fire Station, Skipton Road,
Contact	Simon Bolton, Lung CNS	Tel	01423 55 5872

Oesophageal Patients Association

Meet	Drop in session every 3rd Thursday of the Month		
Time	11.30am - 2pm	At	The Ripley Room, The Sir Robert Ogden Macmillan Centre, Harrogate.

Talking and Listening Club (TLC)

Meet	Every 3rd Wednesday	At	The Ripley Room, The Sir Robert Ogden Macmillan Centre, Harrogate.
Time	10am - 12.30pm	Tel	07733765221

Golden Girls Gynaecology Cancer Support Group

Contact	Marion Webb
Tel	01423 55 5732

Prosper Prostate Cancer Support Group

Meet	Monthly
Time	7-9pm
At	Christchurch Hall, Harrogate.
Tel	01423 55 3318

Welfare and Benefits Advice

Contact	Phil Bremner
At	The Sir Robert Ogden Macmillan Centre.
Tel	01423 55 7318
Email	benefitsadvice@hdfnhs.uk

Breast Cancer Care

Living with Secondary Breast Cancer

Contact	0345 077 1893 OR 0808 800 6000
Time	11.00am 3rd Wednesday of the month near Harrogate & York



£10 Prize for winning Word Search

Return Entries to address below by 1st November 2016

B	R	O	B	U	G	H	O	S	T
R	E	D	S	H	P	T	V	P	S
O	L	R	A	C	A	H	R	O	O
O	P	P	R	T	L	D	E	O	H
M	P	N	Q	I	U	E	K	K	B
S	A	D	L	W	E	C	N	Y	Y
T	T	P	K	Z	T	S	O	R	F
I	P	X	I	J	L	W	C	H	R
C	A	U	L	D	R	O	N	S	A
K	L	L	A	F	D	N	I	W	N

APPLE
BERRIES
BROOMSTICK
CAULDRON
CONKER
FROST
GHOST
SPOOKY
WINDFALL
WITCH

Name:.....

Tel:.....

Congratulations to Rachael Knowles for winning the last editions word search

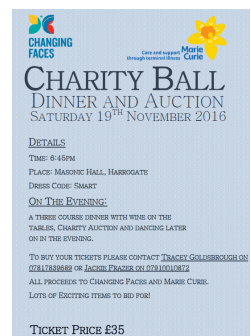
Dates for your diary!

October Breast Cancer Awareness Month

November Lung Cancer Awareness Month

November Pancreatic Cancer Awareness Month

**19th November Charity Ball on behalf of
Changing Faces and Marie Curie**



For more information on any of the articles within this publication please contact;

Sarah Grant.
The Macmillan Patient Information and Health and Wellbeing Manager,
The Sir Robert Ogden Macmillan Centre
1 Willaston Crescent
Harrogate
HG2 7BF
Tel: 01423 55 7317 Fax: 01423 55 7319

