

Patient and Carer Information

Visual Field Test

What is a Visual Field Test?

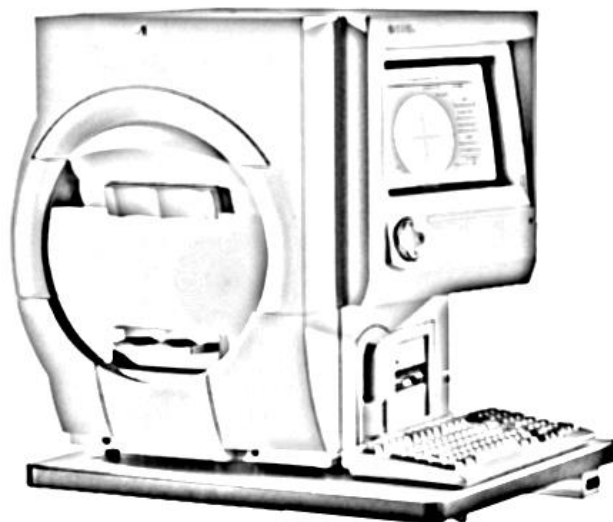
Whereas a letter chart (Snellen Chart) is used to test your central eyesight, a Visual Field Test is used to test how much peripheral vision you have ie. side vision

What should I bring?

If you wear glasses for seeing at a far distance, please could you bring a copy of your Optician's most recent glasses prescription.

What does it involve?

You will sit at a machine and be shown a series of flashing lights on a bowl shaped screen. The lights may vary in brightness and will appear in different positions in your field of view. You will be asked to press a button each time you see a flash of light and the machine records what you see. The full test will take on average 3-5 minutes for each eye.

**Will I need eye drops?**

No drops are required for the Visual Field Test. If you have driven to your appointment you will be able to drive home.

Why do I need a Visual Field Test?

The Doctor has requested that you have a Visual Field Test, to help them assess how well the back of your eye is working.

I've had a Visual Field Test at my Optician Appointment, do I need to come for another test?

Yes, Optician Practices all have different equipment to test your Visual Field. It is important that we do a detailed Visual Field Test prior to your appointment with the Eye Doctor.

Why is this appointment separate to my Eye Clinic Appointment?

The majority of eye clinic patients need their Visual Field testing regularly making it impossible to accommodate everyone at one clinic appointment.

When will I see the Ophthalmologist (Eye Doctor)?

An appointment for the Ophthalmologist will be posted to you following your Visual Field Test.

If you require this information in an alternative language or format (such as Braille, audiotape or large print), please ask the staff who are looking after you.