



Harrogate
and District
NHS Foundation Trust

Exclusive Sport and Fitness Package at Harrogate Squash & Fitness Centre

ALL FACILITIES MEMBERSHIP TO INCLUDE:

- ✓ Peak gym membership, with full induction and tailored training programme
- ✓ Racket sports; including online booking
- ✓ High level coaching and competitively priced PT services
- ✓ Free access to most studio classes



ONLY £35/MONTH
(USUALLY £50)

NO SIGN UP FEE NOR MINIMUM CONTRACT

Harrogate Squash & Fitness
Centre, Hookstone Wood Road,
Harrogate HG2 8PN
T: 01423 536464
E: gym@harrogatesfc.co.uk
www.harrogatesfc.co.uk

AMPLE FREE PARKING
WEEKDAYS 6.30AM – 9.00PM
WEEKEND 8.00AM – 8.00PM



LOCAL PARTNERS IN HEALTH AND WELLBEING