

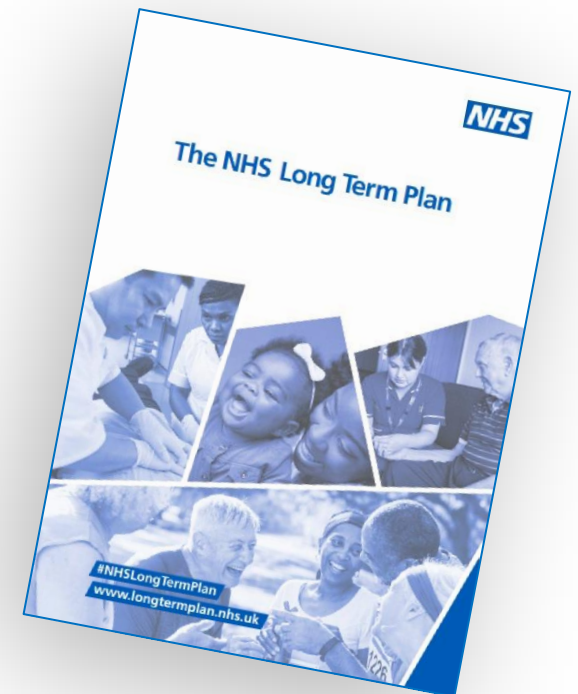
The NHS Long Term Plan

Council of Governors Briefing

26th January 2019

#NHSLongTermPlan
www.longtermplan.nhs.uk

You matter most



Headlines

- Builds on the vision of the Five Year Forward view and the success of Vanguards
 - “the future already exists its just not evenly distributed”
- A permissive paper, with the broad support of patient groups, clinicians and professional bodies
- Close fit with our local vision and the work of the West Yorks and Harrogate Integrated Care System

Its all about....

- ❖ Making sure everyone gets the best start in life
- ❖ Delivering world-class care for major health problems
- ❖ Supporting people to age well



Making sure everyone gets the best start in life

- reducing stillbirths and mother and child deaths during birth by 50%
- ensuring most women can benefit from continuity of carer through and beyond their pregnancy
- providing extra support for expectant mothers at risk of Pre-term delivery
- expanding support for perinatal mental health conditions
- taking further action on childhood obesity
- increasing funding for children and young people's mental health
- bringing down waiting times for autism assessments
- providing the right care for children with a learning disability
- delivering the best treatments available for children with cancer



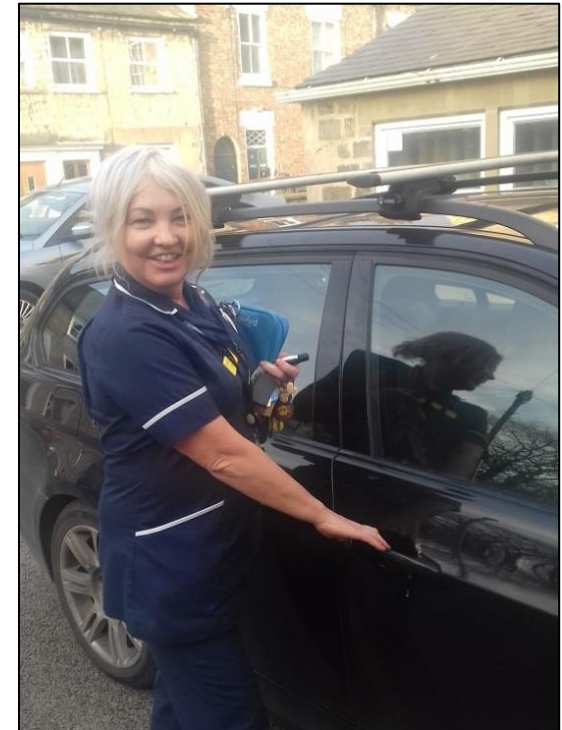
Delivering world-class care for major health problems

- preventing heart attacks, strokes and dementia cases
- providing education and exercise programmes to people with heart problems
- saving more lives a year by diagnosing cancers early
- investing in spotting and treating lung conditions early
- spending at least £2.3bn more a year on mental health care
- helping more people get therapy for depression and anxiety
- delivering community-based physical and mental care for people with severe mental illness a year by 2023/24.



Supporting people to age well

- increasing funding for primary and community care by at least £4.5bn
- bringing together different professionals to coordinate care better
- helping more people to live independently at home for longer
- developing more rapid community response teams to prevent unnecessary hospital spells, and speed up discharges home.
- upgrading NHS staff support to people living in care homes.
- improving the recognition of carers and support they receive
- making further progress on care for people with dementia
- giving more people more say about the care they receive and where they receive it, particularly towards the end of their lives.



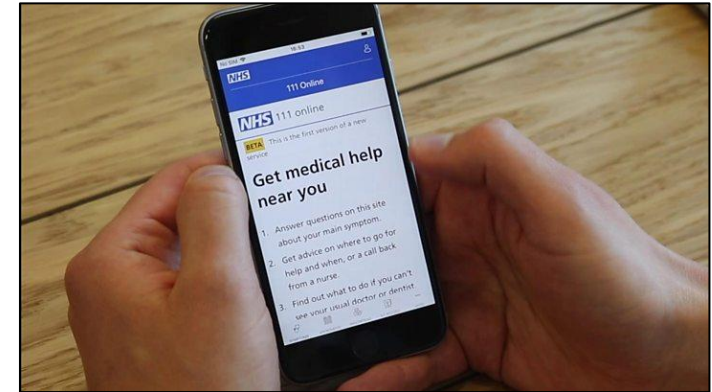
Making it happen: six chapters

1. New service models
2. Prevention and inequalities
3. Improving care quality
4. Workforce
5. Digital
6. Value for money



A new service model for the 21ST Century:

- Give people more control over their own health and the care they receive
- **Digitally enabled** primary and outpatient care
- Boost **out of hospital care** and joining up primary and community services
- Reducing pressure on **emergency hospital services**
- A focus on population health via Integrated Care Systems



More NHS action on prevention and health inequalities

- Actions to target the top five causes of premature death in England:
 - Smoking
 - Obesity
 - Alcohol
 - Air pollution
 - Antimicrobial resistance
- Stronger action on **health inequalities**
- Improved support for people with **Learning Disability**
- Help for rough sleeping, gambling addiction



Further progress on care quality and outcomes

- **A strong start in life for children and young people**
 - Improved maternity and reduced mortality
 - Improvements in services for childrens and young people with learning disability and autism; cancer and mental health needs
- **Better care for major health conditions**
 - Cancer
 - Cardiovascular disease
 - Stroke care
 - Diabetes
 - Respiratory disease
 - Adult mental health : **Short waits for planned care**
 - Under the Plan , the local NHS is being allocated sufficient funds over the next five years to grow the amount of planned surgery year-on-year, to cut long waits, and reduce the waiting list
- **Research and innovation to drive future outcomes improvement**



NHS Staff will get the backing they need

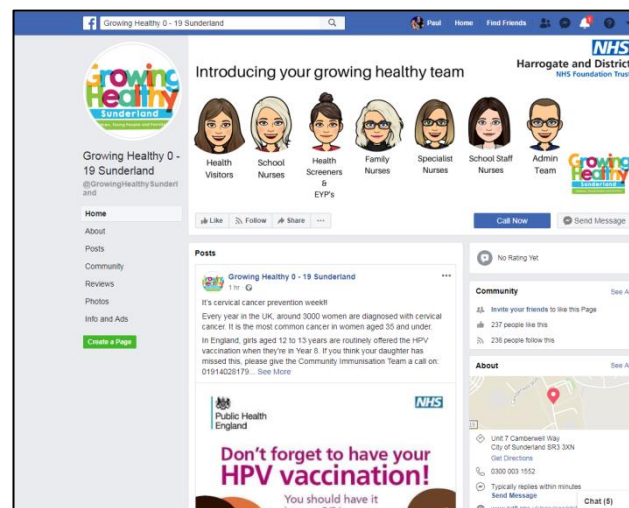
- **Continue to increase the NHS workforce**
 - Expanding the number of nurses, midwives, Allied Health Professionals and other staff
 - Growing the medical workforce
 - International Recruitment
- **Make the NHS a better place to work**
 - A comprehensive new workforce implementation plan
 - Supporting our current NHS staff
 - Enabling productive working
 - Leadership and talent management
 - Volunteers



Digitally enabled care will go mainstream across the NHS

- Provide more convenient access to services and health information for patients eg an NHS App as a digital 'front door'
- Provide better access to digital tools and patient records for staff
- Improve the planning and delivery of services through the greater use of analysis of patient and population data

Governor question: how does the Trust plan to use technology in patient care ?



Taxpayers' money

- The NHS will return to financial balance
- The NHS will achieve cash-releasing productivity growth of at least 1.1% per year
- The NHS will reduce the growth in demand for care through better integration and prevention
- The NHS will reduce unjustified variation in performance
- The NHS will make better use of capital investment and its existing assets to drive transformation



What does all this mean for HDFT services?

Community services

- The Plan will shape our emerging proposals on community services
- Harrogate will need an expanded community workforce to provide fast support as an alternative to hospitalisation and enhanced support for people living in care homes.

Urgent and emergency care

- The ambition to drive up same day emergency care will require workforce and infrastructure changes

Maternity

- Ongoing work to support the ambition to reduce stillbirth, maternal and neonatal mortality and serious brain injury by 2025
- We will need to respond to the challenge of providing continuity of the person caring for women during pregnancy, during birth and postnatal care

Cancer

- Goal that by 2028, the proportion of cancers diagnosed at stages 1 and 2 will rise from around half now to three-quarters of cancer patients
- HDFT will need diagnostic and workforce capacity to meet demand
- From 2019, roll out new Rapid Diagnostic Centres across the country

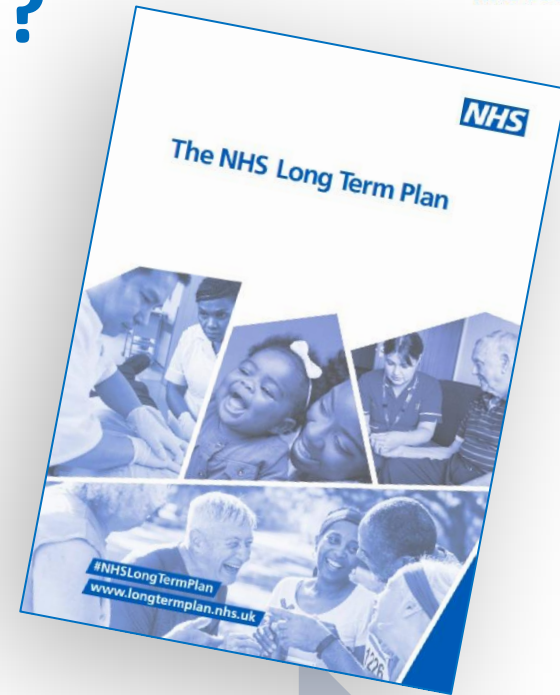
What does all this mean for HDFT finances?

“Under the Plan , the local NHS is being allocated sufficient funds over the next five years to grow the amount of planned surgery year-on-year, to cut long waits, and reduce the waiting list”

- ✓ Funding growth +3.4% for five years
- ✓ £20.5bn pa more for NHS by 2023/24

What happens next?

- Role of WYH ICS
- Local and system plans



January 2019
Publication of the NHS
Long Term Plan

By April 2019
Publication of local
plans for 2019/20

By Autumn 2019
Publication of local
five-year plans