

Patient and Carer Information

Bandage Contact Lens

Patient Name:.....

Lens type:.....

A Bandage Contact Lens is usually a soft lens that is worn for several days or weeks continuously without being removed for sleep (extended wear for a medical purpose), to help your eye heal and/or to reduce any discomfort.

There is no charge for this lens, it may be replaced as often as is necessary.

Patient advice

- **Avoid splashing tap water in your eyes, keep your eyes closed when washing your face/hair.**
- **Avoid getting shampoo or make-up in your eyes.**
- **Avoid hairspray, household/garden sprays. If absolutely necessary, close eyes while spraying.**
- **Never swim while wearing your lens.**
- **Never use a sauna or steam room while wearing your lens.**
- **Always wash and dry your hands before putting in eye drops or cleaning your eyelashes.**

Only ever use eyedrops prescribed by your eye professional.

Preservative free preparations are best, (avoiding toxic build-up of preservatives within lens).

If you have any of the following, you MUST contact us to discuss whether we need to see you sooner than planned:

- **Reduced vision**
- **Increasing pain or redness**
- **Sticky discharge**
- **Lost bandage contact lens**

Ring the eye clinic during office hours on 01423 542217 or 553195.

Alternatively, phone the hospital switchboard on 01423 885959 and ask for the on-call Ophthalmologist.

If you require this information in an alternative language or format (such as Braille, audiotape or large print), please ask the