

## Patient and Carer Information

### Virtual Glaucoma Clinic

---

#### What is the purpose of the virtual glaucoma clinic?

As our population ages there is an increasing requirement for routine follow-up appointments for patients with stable glaucoma/ ocular hypertension. This has led to demand exceeding capacity for our consultant led clinic.

Stable glaucoma patients are now seen in a virtual clinic. This means we collect the necessary diagnostic tests at one visit, and the ophthalmologist will review the test results at a later date.

This visit does not affect your treatment or future appointments in the eye clinic. You will receive the same level of care as you usually do in the consultant led glaucoma clinic.

#### What will happen during my visit to the virtual glaucoma clinic?

You will attend the Eye Outpatient Department as usual.

The tests will be carried out by an ophthalmic technician. They will ask you how you are and then ask you:

- to read the eye chart
- perform the visual field test,
- check your eye pressure using an air puff

You should not leave the building unless all above described examinations are performed.

Your visit will most likely be shorter than the consultant led glaucoma clinic. The only difference will be that you do not see a doctor or consultant at this appointment.

#### What happens after your visit to the virtual glaucoma clinic?

The glaucoma team will review the measurements and images taken to determine the rate of progression of your glaucoma. You will receive a letter from the glaucoma team a week or two after your appointment, informing you of the results. They will let you know if you need a followed up appointment or if you can be discharged to your community optometrist. Also in this letter we will answer any questions or queries you may have raised.

## Patient and Carer Information

### Virtual Glaucoma Clinic

---

A copy of this letter will go to your GP and community optometrist.

#### **What happens if I am not suitable for the virtual glaucoma clinic?**

The virtual glaucoma clinic is only suitable for patients with stable glaucoma. Should the consultant find that your glaucoma has not been stable or is progressing you will receive an appointment for the consultant led glaucoma clinic.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you.

If you require this information in an alternative language or format (such as Braille, audiotape or large print), please ask the staff who are looking after you.