



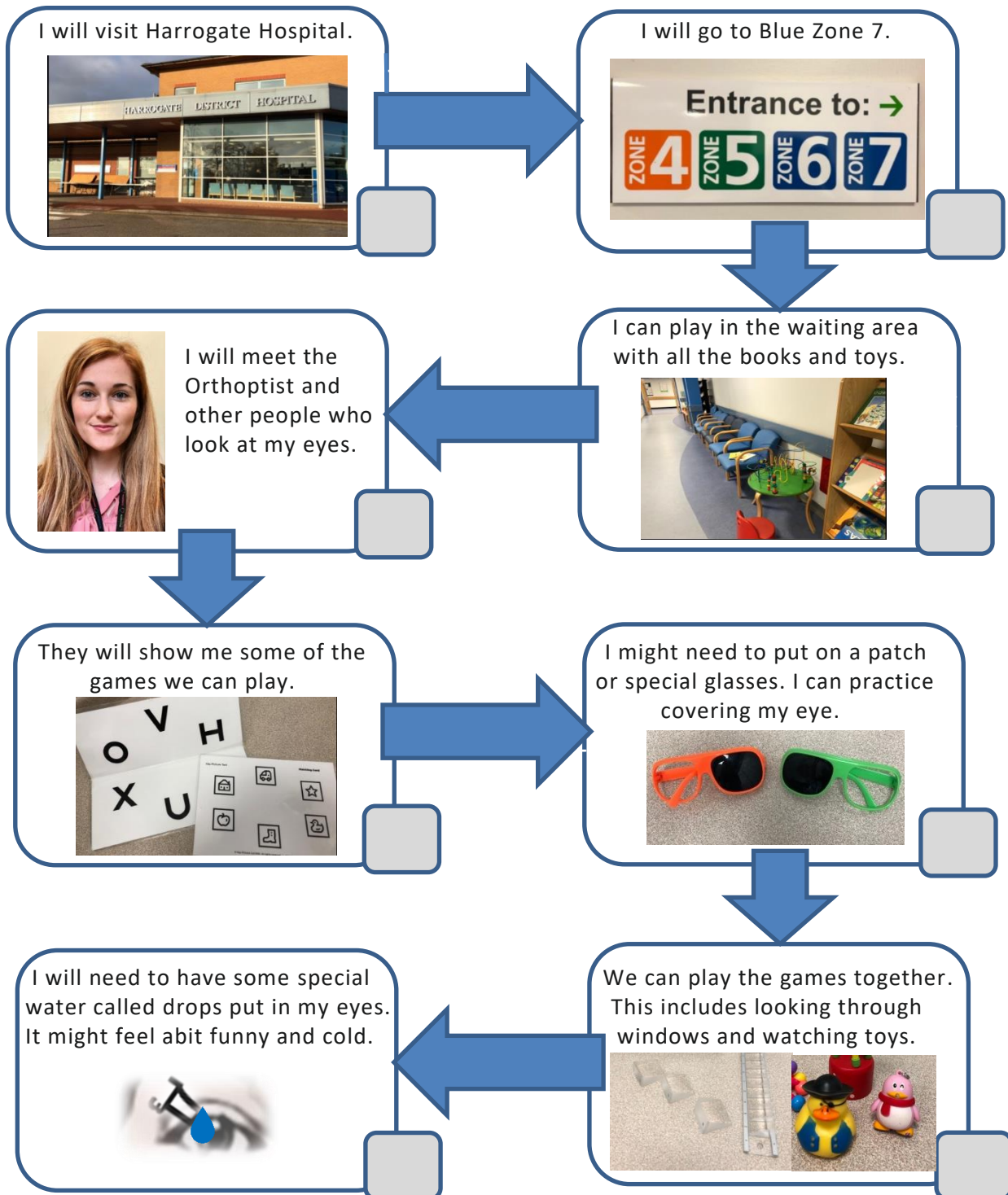
My Visit to the Eye Hospital



My name is _____

My Goal is: To play all the games and show people how well I can see.

Follow the arrows...This is what I will do at the Hospital...



I will see other people who can look at my eyes and then my visit to the Eye Clinic is finished! I can go home or to school!

Dear Parent/Guardian,

We understand that a hospital appointment can be a stressful time for children and we aim to make this appointment run as smoothly as possible. One way we can do this is to explain step-by-step what will happen when coming into hospital. This 'Social Story' refers specifically to your child's Orthoptic appointment in the Eye Clinic. They will need to see other healthcare professionals after the Orthoptist.

In preparation for your child's appointment, you may find it useful to do the following:

- Practice this 'Social Story' with your child so they feel more prepared for their visit to the hospital. It may be useful to bring the story with you and tick each of the boxes (i.e. when they see the hospital) to give the appointment more structure.
- Refer back to the goal outlined at the top of the page.
- Practice covering each of your child's eyes briefly using your hand so they can get used to their eye being covered. Some children liken this to being a pirate! Wearing some sunglasses may be useful too.



If you and your child have enjoyed using this Social Story, we would love to know!

Please comment below with any areas which have been useful or suggestions for improvements. You can hand this to the Orthoptist at your next visit.

Comments

Thank you! We look forward to seeing you and your child in the eye clinic!

On behalf of the Orthoptic Team at Harrogate and District Hospital