

# Patient Information Following Cervical Polypectomy

You have just had a polyp removed from your cervix.

Following this you may experience the following:

- You may notice a black flaky or a yellowish discharge; this is completely normal and is due to the chemical cautery called Silver Nitrate or Monsel's solution (used to stop any bleeding).
- Your discharge may also be blood stained.
- You may experience "period-like" abdominal cramps. Simple pain relief such as paracetamol or ibuprofen can be taken by following the recommended dose instructions on the packet.

Until your discharge has returned to what is normal for you (this may take 3 – 10 days), please follow the instructions below:

- You should use sanitary towels rather than tampons.
- You should avoid sexual intercourse.
- You should avoid swimming/jacuzzis/spas but it is okay for you to have a shower or bath. Do not use bath oils or bath products.
- If your discharge becomes offensive (smells) or you develop a temperature or feel flu-like please see your GP as you may have an infection. You may need a course of antibiotics to treat this.
- Do not use vaginal douches

Should you continue to experience problems or are worried please contact:

The Colposcopy Team: 07918474103 (Mon - Fri 8.30 – 5pm)

For out of hours advice please contact: Littondale Ward: 01423 553650 or the out of hours GP or NHS 111.

We will write to you and your GP with the results within the next 2-4 weeks.

We will send another appointment only if necessary to discuss any further treatment.

If you require this information in an alternative language or format (such as Braille, audiotape or large print), please ask the Women's Unit staff who are looking after you.