



Harrogate and District
NHS Foundation Trust

Our Maternity Services Strategy

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We are delighted to share with you our new Maternity Services Strategy

WELCOME TO OUR Maternity Services Strategy

Aligned to our HDFT Clinical Services Strategy I am delighted to share our HDFT Maternity Services Strategy. Our Obstetric and Midwifery led Maternity Services are a core element of our District General Hospital and Community Services and we are proud of the high quality services we deliver. At HDFT we put the *Patient and Child First* and we see the important role we play in supporting a *Great Start in Life*. Our Maternity Services is one of the most important elements to us delivering that ambition.

Working hand in hand with our Maternity Voices Partnership and focused on Continuous Improvement, our Maternity Services are constantly evolving to meet the needs of the population and ensuring the most up to date, evidenced based care is offered to those who use them. As the Maternity Voices Partnership expands to include Neonatal Services we are keen to widen engagement with those who have used or are planning to use our services, to continue to guide our strategic developments to support us to deliver the best quality and safest care to the people we serve.

HDFT Impact, our Continuous Improvement methodology enables our teams to continually assess the impact of the care we deliver and always be looking for ways to improve effectiveness, safety and experience of services. In addition HDFT is a research active organisation and we are keen to develop the evidence base for improvement. One of our current research projects is the Born and Bred in Harrogate study and we have over 310 families engaged in this so far with lots more to come.



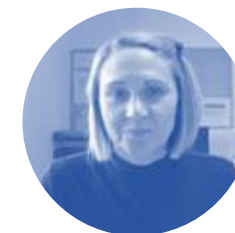
Emma Nunez
Executive Director of
Nursing, Midwifery
and Allied Health
Professionals (AHPs)

At Harrogate and District NHS Foundation Trust (HDFT) Maternity Services we have a passionate and committed team of midwives, doctors and maternity support workers, supported by a range of multi-disciplinary colleagues, who provide the highest level of care throughout the maternity journey. All of our care pathways are based upon guidance and best evidence from National Institute for Health and Care Excellence (NICE) and the Royal College of Obstetricians & Gynaecologists (RCOG). Harrogate Maternity Voices Partnership (MVP) work alongside us in making service user led improvements to care. We value supporting choice, have a wealth of experience in advocating for women to make informed choice and the senior team support the maternity team with this. All our staff are supported to provide kind, compassionate, evidence based care through reflective practice and continued professional development. The maternity team work in collaboration with the wider multi-disciplinary team to meet the needs of the service users. The aim of our maternity services is to work in partnership to provide a safe, friendly and effective service, aiming to deliver the highest standard of care throughout pregnancy, birth and postnatal period.

Our maternity services at HDFT provides care in the following locations:

- Community Midwifery Teams provide antenatal and postnatal midwifery care from community hubs, GP surgeries and in the home. They also offer a homebirth service.
- Antenatal Clinic at Harrogate District Hospital and Antenatal Clinic run from Leon Smallwood in Ripon provides appointments with a doctor, midwife, maternity support worker and ultrasound scans.
- Parent education classes are available providing evidence based advice to inform choices for birth and beyond.
- Maternity Assessment Centre (MAC) provides care for women from 14 weeks in pregnancy who need to be seen between scheduled appointments with concerns, including concerns with baby's movements, abdominal pain, vaginal bleeding, headaches or blurred vision, persistent itching, suspected labour, and waters breaking. MAC may also care for women earlier than 14 weeks of pregnancy with severe vomiting (hyperemesis) after initial referral from a midwife or GP.
- Delivery Suite provides care to women in labour and birth with 6 birthing rooms (1 with a birthing pool), a 4 bed observation bay and a Bluebell bereavement suite.
- Pannal Ward is a mixed antenatal and postnatal ward with 16 beds. We care for both mum and baby to ensure they remain well and that baby thrives. Postnatal care can continue for up to 28 days after the birth if needed but often women are discharged to the care of the GP and Health Visitor (0-19 Practitioner) before this time.

For further information about the unit and the services we offer please visit our website: <https://www.hdft.nhs.uk/services/maternity-services/> or the Facebook pages Harrogate and District Maternity, Mums & Midwives and Harrogate Maternity Voices Partnership.



Leanne Likaj
Associate Director of Midwifery



Introduction

The aim of Our Maternity Strategy is to set out a framework and our goals to deliver exceptional quality safe maternity care to our service users*, and to enable a shared purpose in the pursuit of excellence for all of our families.

As a team, we are incredibly proud of our Maternity Services at Harrogate District Hospital Foundation Trust (HDFT). Our Maternity Strategy sets out the challenges within today's Maternity Services and guides our vision to meet these, ensuring that they support the needs of our pregnant patients and our long term goals for development of the service.


This strategy reflects our achievements, ambitions and aspirations. It recognises our drive to achieve success and constantly improve our service, whilst also acknowledging the changes and pressures to current maternity services. In Our Maternity Strategy we set out our goals and expectations with room for flexibility and adaptability.

We recognise that every birthing woman and person, baby and family are unique. The foundations for good health and well-being start with pregnancy, birth and the early days of life. The Trust works closely with the staff it employs, the local Maternity Voices Partnership, and the maternity patients it serves to inform and drive change and quality improvement. Together, we will work to achieve personalised care for our service users, as a partnership which reflects their choices and needs.

Our Maternity Strategy sets out the guiding principles we will follow in delivering our services to best meet the needs of our local community. We will describe how we aim to prioritise our resources and services in our pursuit to provide excellent, high quality care. We recognise the need for a strong supportive culture for those who work within our maternity services, starting with a compassionate leadership approach.

We have considered our priorities, and how we will plan and implement these elements of our strategy. We believe our goals are realistic, measurable and deliverable.

Our Maternity Strategy makes it clear that the safe and effective care of all of our service users and families are at the heart of our efforts.



Our purpose is to provide the highest standard of safe and effective maternity care to meet the needs and expectations of service users and families within our community

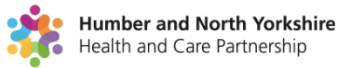
Our ambitions are to provide the best quality, safest maternity care, where quality is defined by safety, effectiveness and patient experience:



Underpinned by our Trust values:



*The term service user is adopted for this strategy to recognize gender identities of all birthing persons including those who may not identify as female

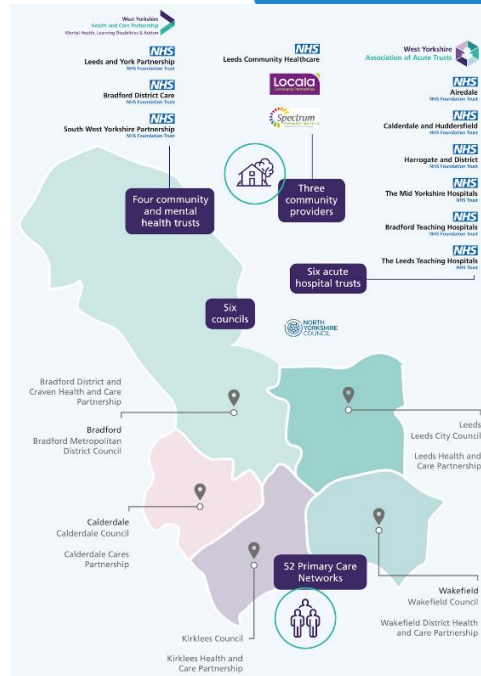


About HDFT Our Services

Hospital and Community Services for Maternity within Harrogate District, and the wider Yorkshire Region:

- Harrogate District Hospital
Antenatal Clinic
Pannal Ward (Antenatal/Postnatal Ward)
Labour Ward/Central Delivery Suite
Community Midwifery
Special Care Baby Unit
- Ripon Community Hospital/Antenatal Clinic
- Leon Smallwood Community Hub

Sitting across the regional footprints of the West Yorkshire & Harrogate and Humber and North Yorkshire Local Maternity and Neonatal Systems (LMNS)



HDFT delivers district general hospital and community maternity services to the growing population of Harrogate and District as well as the wider region. We provide Antenatal, Intrapartum and Postnatal care across the Harrogate district and areas of North Leeds. With around one-third of the service users choosing maternity care at Harrogate coming from residential addresses outside of the local area, we offer our high quality maternity care to many out of area service users who select us for their care.

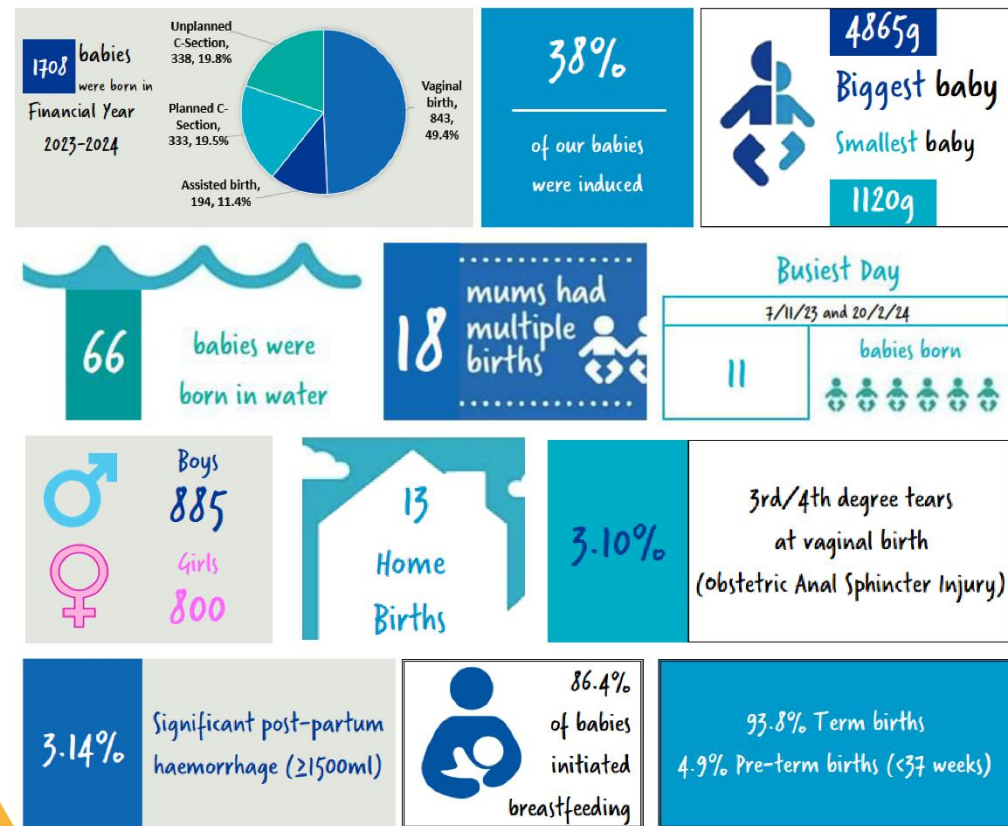
For the fifth consecutive year, the number of live births in 2020 for England and Wales decreased to 613,936, the lowest since 2002 and a notable decrease of 4.1% from 2019 (ONS Statistics). This steady decline in birth rate across the UK, with a move towards postponement of childbearing age has also been mirrored by trends at HDFT, now averaging around 1700 births per annum.

We provide consultant-led and midwife-led antenatal clinics and a maternity triage unit within Harrogate District Hospital. Provisions for birth options include 24/7 on-call homebirth services or consultant led labour ward, with birthing pool facility. We offer 7 labour rooms fully-equipped, supported by continuous ACSA* accredited anaesthetic service and a Special Care Baby Unit (SCBU) neonatal facility (which can accommodate babies over 32 weeks' gestation).

Since 2017 we have been proud to be able to provide gold-accredited UNICEF Baby Friendly infant feeding support within our Maternity Unit, also achieving gold-accreditation for our SCBU in 2020, and have the highest rates of breastfeeding in the region.

Harrogate and District Population Key Facts at a Glance Maternity Services

Financial Year 2023-2024



*ACSA – Anaesthesia Clinical Services Accreditation

National and System Strategies

The Trust does not operate in isolation – we are part of a large and complex health and care system and we will only be successful if we work in collaboration and partnership. Our strategy aligns with and supports delivery of the national and system strategies, and complements those of our partners.

The Maternity Unit at Harrogate & District NHS Foundation Trust sits within the regional footprints of both the West Yorkshire & Harrogate and Humber and North Yorkshire Local Maternity and Neonatal Systems (LMNS).

We share intelligence and learning both regionally with our neighbouring Trusts within the Local Maternity and Neonatal Systems, ICB* and also across the wider North Yorkshire region to inform local priorities

Together we work to drive service improvement to meet the national and regional agenda and to embed and share best practice for the benefit of service-users across the regional maternity service, in line with national programme of Saving Babies Lives care bundle, Maternity incentive Scheme to drive quality and safety in all of our care.

We share learning from incidents, with peer review and collaboration between Trusts, and with regional oversight through the LMNS to engender a culture of openness and transparency.

Our Maternity Strategy has been developed to align with and support delivery of national strategies, quality improvement programmes and best practice recommendations:



*ICB – Integrated Care Board

How we Developed Our Maternity Services Strategy

Engaging with HDFT colleagues and staff members across the service, together with views of patients and service users of the Maternity Voices Partnership, we have elicited feedback to define our key themes and areas for focus of the maternity strategy to help shape our future

Our Maternity Strategy builds on the Trust strategy and objectives, and specifically supports the ambition to provide safe and quality care to mothers and their babies, which ensures they receive a **Great Start in Life**.

Maternity staff have been asked for their involvement in the strategy development, and service user feedback via Maternity Voices Partnership (MVP), who form a close collaboration with the department. Our MVP have been instrumental in reaching our communities and shaping maternity services through social media, community, and professional engagement. The MVP have continued to build strong relationships with the clinical staff at HDFT, engaging on a number of key projects and will continue to drive co-production.

We have reviewed our key priorities through triangulation of our themes from clinical incidents, complaints and claims within Maternity, as well as formal service-user feedback including the CQC Picker survey.

We have also taken into account the themes and recommendations of the recent NHS Three Year Delivery Plan for Maternity and Neonatal Services, Ockenden report, CQC* inspections, MBRRACE** reports, regional demands and pressures together with the national drivers of the NHS Resolution Maternity Incentive Scheme and the NHS England Saving Babies' Lives Care bundle.



The key themes highlighted through our engagement exercises have been reflected in **Our Maternity Strategy's** priorities:



Driving service development through quality improvement, research and sharing of best practice



Listening and working in partnership with our service users



Delivering high quality safe care



Enhancing our maternity workforce through effective training and supporting staff wellbeing



Improving health and wellbeing through reducing health inequalities and promoting inclusivity



Service improvement through digital technology and innovation to support best practice, training and involving women in their care



*CQC – Care Quality Commission

**MBRRACE-UK - Mothers and Babies: Reducing Risk through Audits and Confidential Enquiries across the UK



PRIORITY

Listening and Working in Partnership



We will keep the safety and wellbeing of mothers, babies & families at the heart of what we do



HDFT will:

Work in partnership with our maternity service users through ongoing engagement with our local Maternity Voices Partnership (MVP), to ensure that the voices of our service users and new families are listened to and heard.

Maternity & Neonatal Voices Partnership

We will extend our Maternity Voices Partnership collaboration to include neonatal representation to ensure that the views of service users include those families that have utilised our Special Care Baby Unit facilities.

We will continue to elicit ongoing feedback to make service improvements to drive and with the support of the MNVP we are undertaking focused work to improve access for women in 'hard to reach' communities or those from vulnerable groups at risk to improve equality of care.

CQC Picker Survey

We have commissioned a formal CQC Picker survey of the experiences of women who use our maternity service.

As a result we are listening to the feedback and are continuing to make improvements in:

- information and management surrounding induction of labour
- facilities for partners to stay overnight in the postnatal period
- the quality of debrief and follow up through our Pregnancy and Birth Revisited service
- breastfeeding support services
- choice of place of birth

Patient Information

Together with the MNVP we will co-produce our patient information to improve accessibility.

We will now focus work on individualising access to the relevant patient information through the ability to push literature directly to patients through our electronic record system (BadgerNet).

We are developing simple and understandable decision-support tools to ensure that information is communicated effectively and consistently, in a factual but sensitive manner.

Co-production

We have a wide range of current quality improvement initiatives, including the use of appropriate language within our service, driving improvements in support for service users from diverse backgrounds and ethnicities, and also in the co-production of our training priorities as well as our patient information.

Our Maternity Strategy aims to make coproduction with service users our standard practice, to ensure that pregnant people have a say in how *their* service is run.

Personalised Care

We are committed to supporting choice through delivery of a patient-centred approach, based upon the foundation of best available evidence and approved safe practice. We will provide individualised and personalised birth planning in partnership with all of our families including support for those making choices outside of the standard pathways of care.

Compassion and kindness

We believe that the basic fundamentals of care should underpin all of our practice, and by getting this right, quality will naturally follow.

Triangulation of our recent complaints and investigations has identified some common themes of a loss of empathy and compassionate care.

We want to ensure that despite the pressures and demands of modern maternity care we maintain the focus on the basic principles of compassion and kindness, and that all of our staff live our Trust KITE values.



[Click here for information on our Maternity Services](#)



[Click here for further information on our local MVP](#)



PRIORITY

Delivering High Quality Safe Care



We will keep the safety and wellbeing of mothers, babies & families at the heart of what we do

HDFT will:

Deliver Obstetric and Midwifery-Led Maternity Services at Harrogate District Hospital, meeting and exceeding all national quality standards.

We want to deliver the best quality and safest care, to provide excellent birth experience and outcomes for our service users, to give babies the best start in life. We will do this by providing safe, evidence based care and take a continuous quality improvement approach (HDFT Impact) to improve current and future care.



We will optimize the care of our patients with complex medical or obstetric conditions through partnership with regional specialist Maternal Medicine Centres



We will continue to share learning from incidents with our LMNS partners and neighbouring maternity units to improve outcomes and to embed learning & best practice



We will implement continuous improvement and effective audit to improve the quality of our service for users, and also to reduce incidence of maternity harm, stillbirth and preterm birth



We will ensure that our maternity care and guidelines are underpinned by the best evidence and are compliant with national recommendations of NICE, Royal College of Obstetricians & Gynaecologists and the Royal College of Midwives



We will continue to strive to meet the quality and safety requirements of the Maternity Incentive Scheme and the Saving Babies' Lives care bundle & CQC as well as other national programmes to ensure our maternity services are delivered to the highest standards



We will develop our 'Floor to Board' Governance Structures to ensure maternity services are delivered to the best practice standards, with visibility of leadership and assurance to the Board and the public of the high quality services to which we aspire. We will commit to a principle of 'doing the right thing'



We will ensure a culture of openness, honesty and transparency when things go wrong and will commit to driving service improvement and learning from incidents. We will work in partnership with the Maternity & Newborn Safety Investigation programme, MBRACE and NHS Resolution for the benefit of our service-users.



We will demonstrate a robust governance and oversight structure ensuring adverse events are followed up and investigated thoroughly through our incident reporting, PMRT* & PSIRF** framework and brought to completion within a timely manner

We will work to embed a safe & just culture where all of our staff are valued and empowered to have a voice in line with human factors training and the latest Teach-or-Treat and AID (Advise-Inform-Do) principles, for the safety and wellbeing of all of those under our care.

*PMRT – Perinatal Mortality Review Tool

**PSIRF – Patient Safety Incident Response Framework



PRIORITY

Service Improvement Through Digital Technology and Innovation



We will keep the safety and wellbeing of mothers, babies & families at the heart of what we do



HDFT will:

Embrace digital technologies so that we can provide a workplace that enables our staff to deliver the best possible care for our women and babies in order to improve health outcomes in our community.

The Maternity Digital Strategy 2022-2027 has been created in alignment with the overarching HDFT Digital Strategy 2019-2024, focused on delivering high quality care, patient experience and staff wellbeing through Digital Transformation.



In March 2023, the Maternity Unit launched a dedicated Maternity electronic patient record system (EPR). System C BadgerNet is a single pregnancy record, enabling paperless documentation of all maternity care from point of pregnancy referral, through the complete pregnancy journey to point of discharge within hospital and community settings.

It also encompasses BagerNotes, a secure portal, to enable service-users to have access to their own pregnancy



The EPR system is integrated with the latest Perinatal Institute GROW 2.0 customised growth charts for accurate plotting and surveillance of fetal growth and centralised fetal monitoring systems for remote viewing.

Our move to a full EPR system is helping us to share maternity records with neighbouring Trusts, where service-users are not resident within our local area. It will transform data collection, reporting and quality at local, regional and national level.

We will continue to work on transition to a shared record system, in support of a regional Yorkshire and Humber Care record.



Our vision for ongoing digital innovation also includes:

- Development of robotic processes for importing of third-party reports into the EPR
- Implementation of digital blood glucose monitoring to support more effective diabetes management
- Increased social media profile in association with our MVP to increase communication with service-users
- Development of a single point of contact and the online 'Ask A Midwife' service
- Exploration of artificial intelligence opportunities, including training.

Our vision to drive continued Digital Transformation and adoption of digital innovation and solutions will ensure that our Maternity Service is fit to support the modern requirements of our service users and families, and keeping them at the heart of their care.



PRIORITY

Improving Health and Wellbeing

HDFT will:

Work to improve health and wellbeing of all of our services users by reducing inequalities and improving access to Maternity Services for all, and to ensure our families have a *Great Start in Life*.

Recent reports by MBRRACE have highlighted the disparity in perinatal outcomes for women of Black and minority ethnic groups. In particular, the MBRRACE perinatal surveillance report for UK perinatal deaths in 2019 showed that babies of Black or Black British ethnicity were at 124% increased risk of stillbirth and 43% increased risk of neonatal mortality compared with babies of White ethnicity. Between 2020-2022 Black women were also almost 3 times more likely to die & Asian women almost two times more likely to die than White women.

The demographics of the local Harrogate area have historically comprised low numbers of ethnically diverse service-users, and we have a generally low level of socio-economic deprivation. As a result we are aware that the current service has not been sufficiently focused on needs of vulnerable groups and there is more to do. **Our Maternity Strategy** aims to develop and improve our service to ensure that we reduce the potential for inequality and ensure good outcomes for all. We want to support diversity and inclusion.



[Click here for further information on Equity and Equality in Maternity](#)

We will keep the safety and wellbeing of mothers, babies & families at the heart of what we do



Perinatal Mental Health

We want service users to be able to access timely and quality mental health support when they need it. The specialist Perinatal Mental Health service provides support for more severe mental health issues. We aim to provide personalised care through a perinatal pathway completed at booking and to deliver ongoing support.

We will establish comprehensive mental health services and support networks to address the emotional wellbeing of mothers. Additionally we will implement pathways to support those at risk of suicide, to tackle the increasing incidence highlighted in recent MBRRACE reports.



Reducing Inequalities

We want to improve access to our maternity service by all groups in our local area, including pregnant patients from hard to reach communities and those in vulnerable groups.

We recognise the inequalities in perinatal outcomes for women of minority ethnic groups, and will work to ensure an individualised programme of care to improve outcomes to tackle findings of recent MBRRACE reports, in line with the *five*xmore step plan.

We will also ensure equality of perinatal care for childbearing persons who identify as transgender or non-binary, as well as those with learning difficulties, disabilities or those who may have other complex social risk factors.

We will review all of our perinatal outcomes to focus work on achieving care in line with our Equity & Equality plan.



Pelvic Health

We are engaging in an LMNS wide programme of quality improvement to support pelvic health for our service users and those who have recently given birth in line with the NHS Long Term Plan to improve the prevention, identification and treatment of pelvic floor dysfunction so that fewer women experience ongoing issues after giving birth and later in life.

We will continue to promote the use of the OASI care bundle to reduce the risk of Obstetric Anal Sphincter Injury (3rd and 4th degree tears) as well as focused quality improvement work to improve training and ensure effective detection, repair and follow up.

HDFT is part of three Integrated Care Systems (ICS):

West Yorkshire, Humber and North Yorkshire and North East & North Cumbria



Our vision is to provide equality of maternity services to all of our service users to improve health and wellbeing for all.



PRIORITY

Enhancing Our Maternity Workforce



We will keep the safety and wellbeing of mothers, babies & families at the heart of what we do

HDFT will:

Work to ensure that we provide our maternity workforce with the highest quality training to furnish them with the skills and equipment to do their jobs effectively and deliver exceptional maternity care. We will commit to recruiting the right people to meet the needs of modern maternity care, and to supporting their personal development to ensure their retention.

National staffing picture

We recognise that there are ongoing challenges within the NHS staffing. National shortages within the maternity workforce, with the RCM have highlighted a shortfall of over 2,500 midwives. There are similar pressures on Maternity Support Workers and Medical Staffing.

Midwifery staffing pressures experienced as impact from the Covid-19 pandemic are now beginning to stabilise, with Harrogate now with a fully recruited maternity workforce.

Retention

The Maternity Service at HDFT is fully recruited. However we understand the sustained pressure upon our workforce and will continue to work to recruit and retain staff at safe levels within our service.

We have employed a dedicated Recruitment & Retention specialist midwife to work to support staff in practice, to improve access to training and education and aim to break the cycle of experienced staff leaving the service.

Training

The complexity of maternity care continues to increase, with recognised shifts in medical challenges of increasing maternal age, rising levels of obesity, and pre-existing maternal conditions such as diabetes.

We will strive to provide the most up-to-date training to meet these demands, including PROMPT CiPP*, Maternal AIMS**, K2 fetal monitoring & GAP*** training, as well as embedding the latest Core Competency Framework requirements.

Support

The demands of maternity care can have significant impact on maternity staff, in relation to mental health, stress/burnout and compassion fatigue. With measures to acknowledge the importance of the second victim in healthcare, and through the work of our Professional Midwifery Advocate team, we will continue to provide support for our staff.

We have also successfully sourced staff through the national drive for International Recruitment to support our workforce.

Wellbeing

Our staff are valued and we will commit to continuing to invest in their development and ongoing wellbeing. We will promote the availability of mental health services and counselling, personal & professional development and physical health, as well as providing access to practical and financial support resources.

We pride ourselves on a culture of kindness, support & openness and promote access to Freedom to Speak Up Champions, Fairness Champions & Mental Health Champions

Succession Planning

With ongoing challenges and pressures on the workforce, we recognise the importance of specialist knowledge and key skills. We will continue to make plans to ensure that essential knowledge is retained within the Maternity Unit and that key learning becomes well embedded by all of our staff to safeguard succession planning and ensure sustainability.

We will instil our priorities and core values in our student midwifery cohorts to continue to take the service forwards.

We will invest in the future of our service through close links with higher education institutions (HE) in supporting students.



[Click here for information on our Maternity Services](#)



[Click here for further information on our Wellbeing Services](#)

*PROMPT CiPP – Practical Obstetric Multi-Professional Training: Care of the Critically Ill Pregnant or Postpartum Woman

**AIMS – Maternal Acute Illness Management

***GAP – Perinatal Institute Growth Assessment Protocol



PRIORITY

Driving Service Development

HDFT will:

Be responsive to the needs of our service-users to drive the development of our maternity service.

Expectant mothers and their families will experience a supportive, safe and personalised journey throughout pregnancy and childbirth, resulting in healthier outcomes and greater overall satisfaction.

Though the Harrogate Maternity Unit supports a relatively small birth rate, we pride ourselves on being able to provide an exceptional level of care with the wellbeing of families at our core. Our aim is to provide the highest quality care within the region.

We want HDFT to be recognised as a centre for personalised care, tailored to service user's needs, to empower service users to be involved in decision making & enhancing a joint care approach in partnership with maternity professionals.



[Click here for further information on Personalised Care](#)

We will keep the safety and wellbeing of mothers, babies & families at the heart of what we do



Reducing Stillbirth and Pre-term Birth

We are committed to making ongoing improvements based upon best evidence to reduce stillbirth and neonatal death & incidence of preterm birth.

Our excellent SCBU service is commissioned to offer care for newborn babies born over 32 weeks', and below this gestation require transfer to tertiary neonatal unit (NNU) facilities. We will continue to make improvements in prediction and management of preterm birth to ensure that babies are born in the most appropriate location with access to the right care and with optimisation of their condition for birth.



Improving Choice

We firmly believe that all birthing families have the right to make informed choices about their care. With the aid of our local MNVP we will continue to work to provide the necessary infrastructure to support choice.

We will work to:

- Support choice of place of birth, including promotion of homebirth options as well as low risk midwifery-led care pathways
- Expand our theatre capacity to ensure adequate provision to meet elective caesarean section demand
- Ensure effective information provision to inform choice about vaginal birth after caesarean section



Service development

We will continue to make improvements to our service, including:

- Effective maternity triage care
- Access to third trimester scanning for fetal growth assessment through our midwife-sonography service
- Induction of labour information, pathways & care
- Early labour advice and support
- Dedicated Diabetic, and Pre-term Birth clinics
- Rainbow clinics and enhanced support for bereaved families
- Plans for a transitional care unit to help to keep mothers and their babies together in a safe care environment
- Focus on preconception care and optimisation for pregnancy
- Tongue-tie service
- Bespoke antenatal education



Trauma informed Care

As part of our drive to support perinatal mental health, we recognise that around 1 in 5 women experience mental health problems in pregnancy and during the 24 months after giving birth.

We offer a Pregnancy and Birth Revisited (PABR) service to support service users who may have suffered frightening or traumatic experiences, are struggling to come to terms with birth events or who may simply require clarification of aspects of care.

We work with perinatal mental health counselling services, local North Yorkshire Talking Therapies as well as specialist counselling charities such as Petals (Baby Loss Counselling Charity) and local support groups.

We will also support our staff to recognise and understand the impact of psychological trauma, abuse or adverse childhood experiences, and to be able to respond sensitively to provide compassionate trauma-informed care.

We will continue to review and improve our service in line with the findings of the 2024 report of the All-Party Parliamentary Group on Birth Trauma

This vision is not only about the health and wellbeing of mothers and babies but also about strengthening families and communities for generations to come.

Conclusion

Our focus is to deliver exceptional quality maternity care to our service users, enabling a shared purpose in the pursuit of excellence & keeping the safety and wellbeing of mothers, babies & families at the heart of what we do.

We exist to improve the health and wellbeing of our patients, children and communities by:



Because healthcare is provided by people for people, we want to be the best place to work:



Purpose



THE PATIENT AND CHILD FIRST

Improving the health and wellbeing of our patients, children and communities

To support our families and staff, we will:





www.hdft.nhs.uk
www.harrogateintegratedfacilities.co.uk

