Coming to Hospital for an operation



Day Surgery



Your doctor or dentist wants you to come into hospital for an anaesthetic and an operation.

Anaesthetic is medicine that makes you go to sleep.

An operation is when the doctor fixes the bit of you that is poorly, whilst you are asleep.

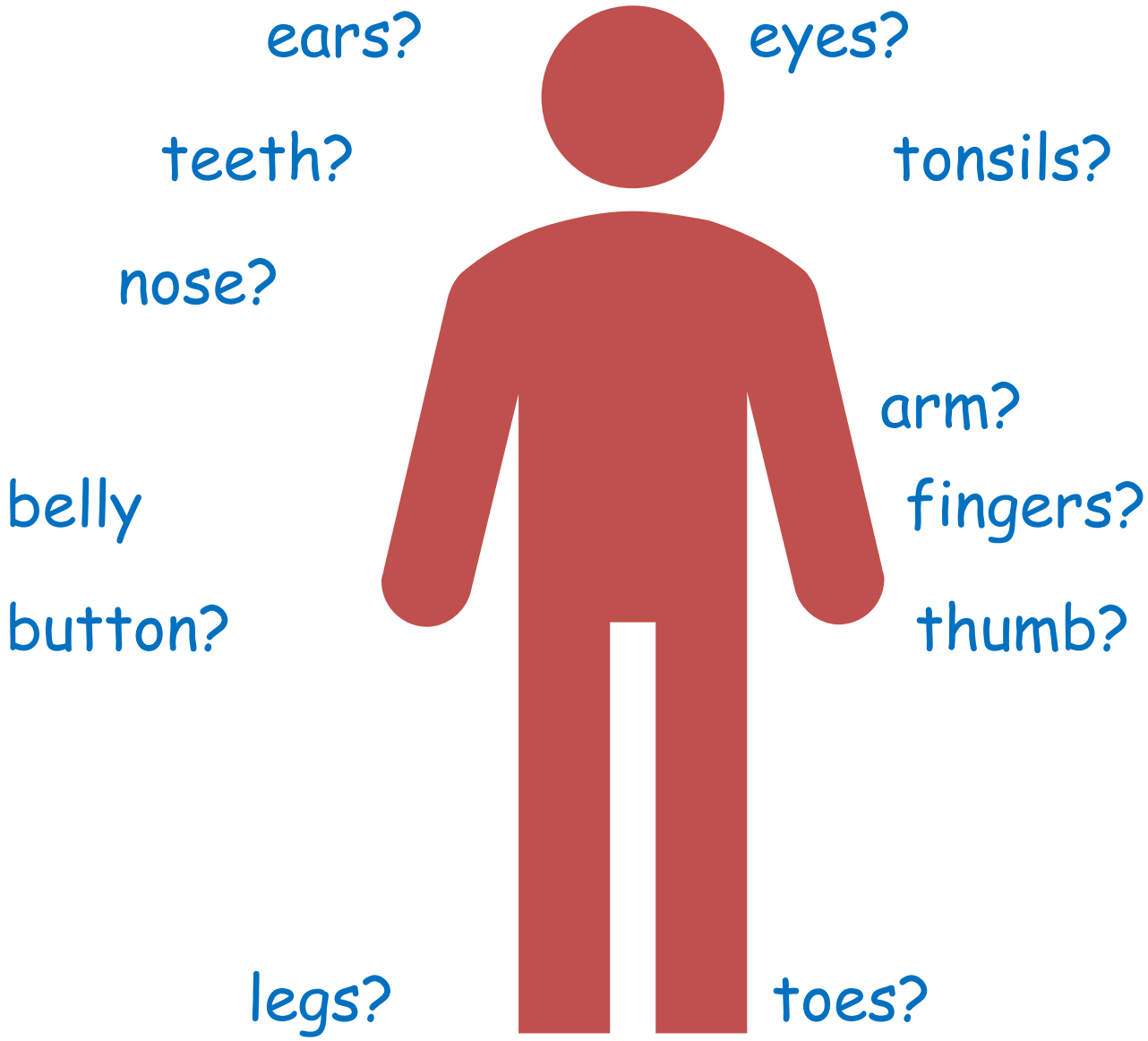
You will wake up after your operation.

Lots of children have operations.

Keep reading to find out:

- Where to come
- What to bring
- Who you'll meet
- What will happen on the day.

Do you know which part of your body needs making better?



teamHDFT
At our best

NHS
Harrogate and District
NHS Foundation Trust

On the day of your operation come to the

Day Surgery Unit ROOM B010



Bring mum, dad or whoever looks after you.

Sorry – no brothers or sisters please!

When you arrive, we will show you where to sit and wait.

You can play while you wait.







It’s a children’s day

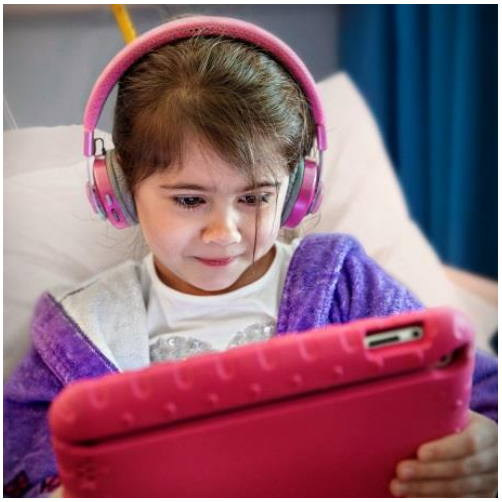
so there will be other boys and girls there too.

Bring a favourite teddy



and some toys or an i-pad to play with.





You have to wait your turn for your operation so there can be lots of waiting!

Before your operation you are not allowed anything to eat.

You can have sips of water to drink.





You will need to bring some food with you, to eat after your operation.



For your operation you can wear your pyjamas



or comfy clothes with no metal on…



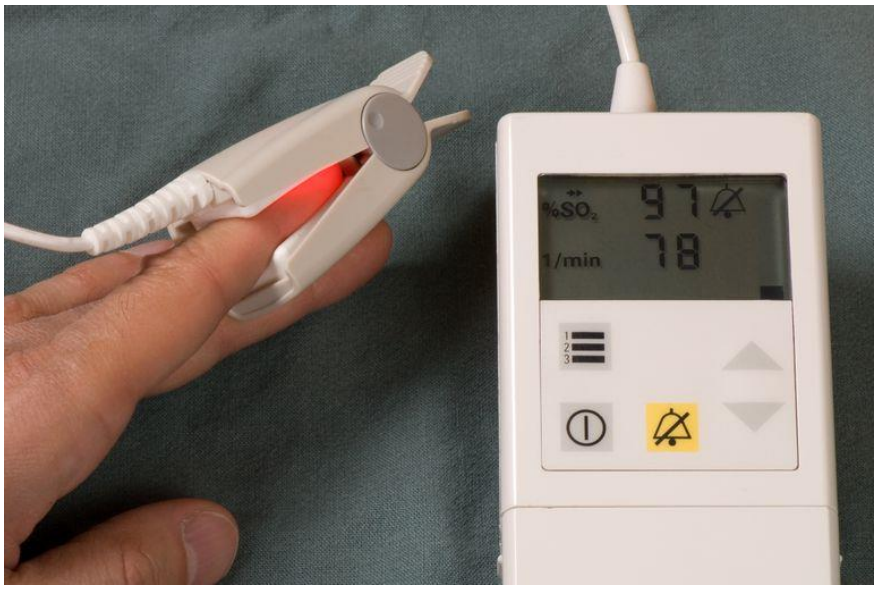


So come in these or bring them with you.

When you arrive, a nurse will measure your blood pressure….



…….check your heart rate



…….and take your temperature.



The nurse will put a name band on you.

This has your name and birthday on it.



The anaesthetic medicine that makes you go to sleep, has to go in a tiny plastic straw in the back of your hand.



The nurse will put some special cream on the backs of your hands so that the straw doesn't hurt.



Before your sleep, a doctor called the anaesthetist, will talk to you and your family.

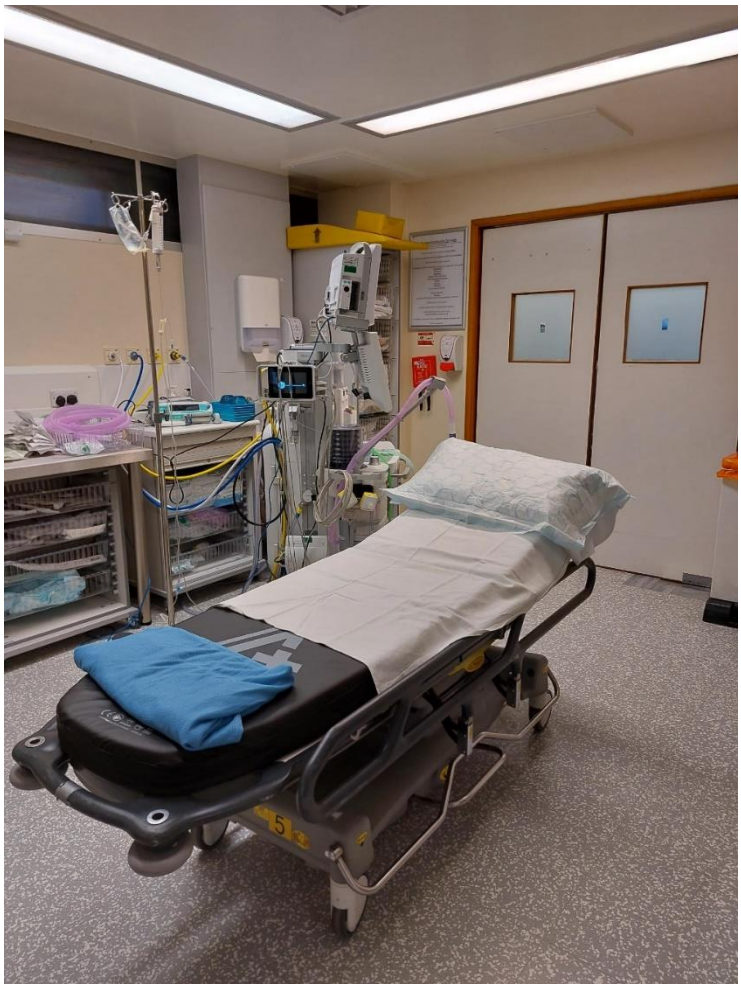


The anaesthetist is the doctor who looks after you while you are asleep.

Your surgeon (the doctor who does the operation) or your dentist will also come and say hello.

When it’s your turn, a nurse will check your name band and take you round to the anaesthetic room.

Mum, dad or your carer can come too.



You can lie on the trolley or sit on your mum, dad or carer’s knee.

We will take the cream off your hands



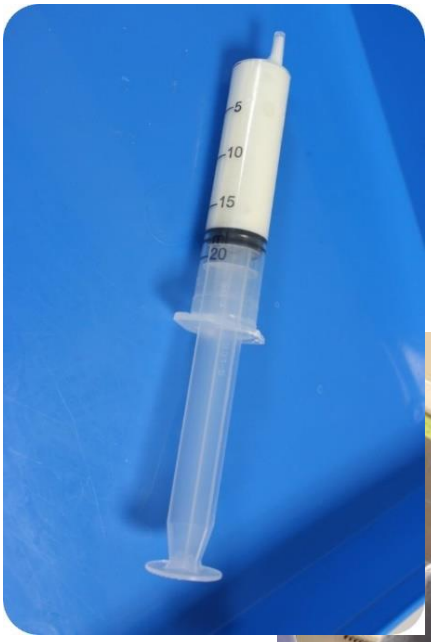
and put the tiny straw where the cream has been.



Remember the cream stops it from hurting.

The anaesthetist will put the sleepy medicine through the straw.

Count to 10 and you will be asleep!





The anaesthetist might ask you to breathe in the sleepy medicine through a mask.



It’s a bit smelly.

Blow the smell away from you.

You’ll soon be asleep.

You will wake up in the recovery room.





A nurse will be looking after you.

As soon as you are awake, we will wheel your bed round the corner to where mum, dad or your carer are waiting for you.

If you are staying overnight, we will take you and your family up to Woodlands Ward.



Mum, dad or your carer can stay with you overnight. They get to sleep on a campbed next to your bed!



After your operation you can have something to drink…..



…and something to eat.



You need to stay a few hours with us before we let you go home.

You might feel a bit sore after your operation. Let the nurses know and they can give you medicine that will help.

The nurse will check your temperature and take the tiny straw out of your hand.





It doesn’t hurt when it comes out.

When you have had something to eat and drink and when the nurses and doctors have checked that you are feeling better, you will be allowed to go home.

