Coming to hospital for an operation



Woodlands Ward



Your doctor wants you to come into hospital for an anaesthetic and an operation.

Anaesthetic is medicine that makes you go to sleep.

An operation is when the doctor fixes the bit of you that is poorly, whilst you are asleep.

You will wake up after your operation.

Lots of children have operations.

Keep reading to find out:

- Where to come
- What to bring
- Who you'll meet
- What will happen on the day.

Do you know which part of your body needs making better?



teamHDFT
At our best

NHS
Harrogate and District
NHS Foundation Trust

On the day of your operation come to **Woodlands Ward F107**



Bring mum, dad or whoever looks after you.

Sorry – no brothers or sisters please!

When you arrive, we will show you where to sit and wait.

You can play while you wait.





You can bring a favourite teddy…



…and some favourite toys or games.



We have a big activity room too.





You will have a bed on the ward.

You can put all your things by your bed.



You will usually be able to go home a few hours after your operation, but if you need to stay overnight, your mum, dad or carer can stay with you.

They get to sleep on a camp bed next to your bed.

Before your operation you are not allowed anything to eat.



You can have sips of water to drink.



You can you have something to eat and drink when you wake up after your operation.

We have food on the ward but you can bring in something favourite if you want to.

For your operation you can wear your pyjamas



or comfy clothes with no metal on.

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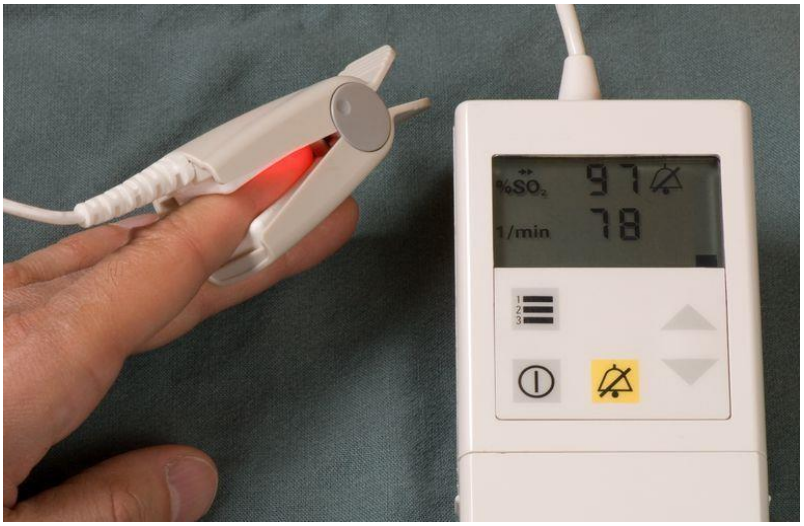


So come in these or bring them with you.

When you arrive, a nurse will measure your blood pressure….



……check your heart rate



…….and take your temperature.



The nurse will put a name band on you.

This has your name and birthday on it.



The anaesthetic medicine that makes you go to sleep, has to go in a tiny plastic straw in the back of your hand.



The nurse will put some special cream on the backs of your hands so that the straw doesn't hurt.



Before your operation, a doctor called the anaesthetist, will come and see you to say hello.



The anaesthetist is the doctor who looks after you when you are asleep.

Your surgeon (the doctor who does the operation) or your dentist will also come and say hello.

When it's your turn, a nurse will take you and your mum, dad or carer round to the anaesthetic room.



You can lie on the trolley or sit on your mum, dad or carer's knee.

You can look at a book, play on a game or give your mum, dad or carer a big cuddle.

We will take the cream off your hands



and put the tiny straw where the cream has been.



Remember the cream stops it from hurting.

The anaesthetist will put the sleepy medicine through the straw.





Count to 10 and you will be asleep!

The anaesthetist might ask you to breathe in the sleepy medicine through a mask.



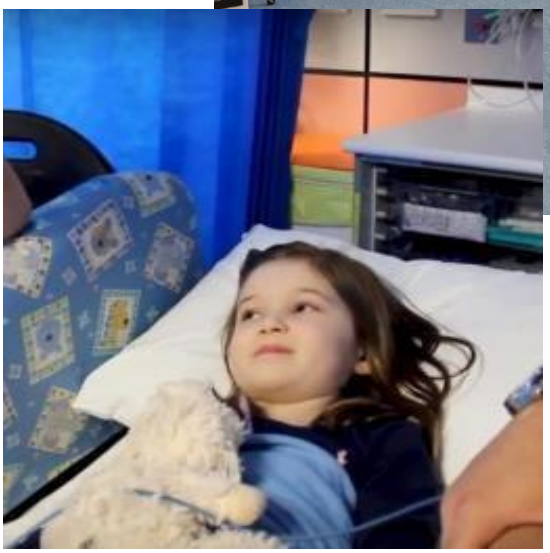
It’s a bit smelly.

Blow the smell away from you.

You’ll soon be asleep.

You will wake up in the recovery room.





A nurse will be looking after you.

The nurse will ring the ward to get your mum, dad or carer.

Then you have a ride on a trolley, back to your bed on the ward.





After a little while you can have something to eat and drink.





You need to stay a few hours with us before we let you go home.

You might feel a bit sore after your operation. Let the nurses know and they can give you medicine that will help.

The nurse will take your temperature and measure your heartbeat again and take the tiny straw out of your hand.



It doesn’t hurt when it comes out.

When you have had something to eat and drink, and when the nurses have checked you are feeling better, you will be able to go home.

